

# Sir Max Aitken Pool Spring Schedule

April 23-June 24, 2018



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am - 9:30am	Adult Lap Swim		Adult Lap Swim		Adult Lap Swim		
11:30am - 1:30pm	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim	Adult Lap Swim		
12:10pm -12:50pm		Deep Water Aqua Express		Deep Water Aqua Express			
1:00pm - 2:00pm			*1:30-2:30pm* Open Recreation (All Ages)			Open Recreation (All Ages)	Open Recreation (All Ages)
2:00pm - 3:00pm						Adult Lap Swim	Adult Lap Swim
4:30pm - 5:30pm	Adult Lap Swim				Adult Lap Swim		
5:30pm - 6:30pm		Adult Lap Swim		Adult Lap Swim			
7:00pm - 8:00pm			Adult Lap Swim				

## Open Recreation (All ages)

- Anyone 7 years of age or under needs to be accompanied in the water by adult and must remain within arm's reach.
- One adult may supervise up to two children.
- Strong swimmers under 7 years of age must successfully complete a swim test if they wish to swim to unaccompanied in the pool. Parents will need to be on the pool deck.
- Pool accessories are available during this time, including: PFDs, flutter boards, pool noodles, water tubes and toys.

## Adult Lap Swim

- This Lap Swim is intended for anyone 16 years of age or older and intended for laps only.