

Swim Schedule (Dec 1 – Jan 4, 2026)

Dec 1 – Dec 14, 2025

| Time | Monday, | Tuesday, | Wed. | Thursday, | Friday, | Saturday, | Sunday, |
|---------|-----------|--------------|-----------|--------------|-----------|---------------|-----------|
| | Dec. 1 | Dec. 2 | Dec. 3 | Dec. 4 | Dec. 5 | Dec. 6 | Dec. 7 |
| 8:00- | Lap Swim/ | | Lap Swim/ | | Lap Swim/ | | |
| 9:30am | Dive Tank | | Dive Tank | | Dive Tank | | |
| | | | | | | | |
| 11:30- | Lap Swim/ | Lap Swim | Lap Swim/ | Lap Swim | Lap Swim/ | | |
| 1:00pm | Dive Tank | | Dive Tank | | Dive Tank | | |
| | | | | | | | |
| | | | | | | | |
| 12:15- | | Deep Water | | Deep Water | | | |
| 12:55pm | | Aqua Fitness | | Aqua Fitness | | | |
| | | (Tank) | | (Tank) | | | |
| 1:30- | | 2:30-4pm | | | | 3:30- | Lap Swim/ |
| 3:00pm | | Lap Swim/ | | | | <u>5:00pm</u> | Dive Tank |
| | | Dive Tank | | | | Lap Swim | |
| | | | | | | (2 Lanes) | |
| 7:30- | | Lap Swim | | | | | |
| 9:00pm | | (2 Lanes) | | | | | |

| Time | Monday | Tuesday, | Wed. | Thursday, | Friday, | Saturday, | Sunday, |
|---------|-----------|--------------|-----------|--------------|-----------|---------------|-----------|
| | Dec. 8 | Dec. 9 | Dec. 10 | Dec. 11 | Dec. 12 | Dec. 13 | Dec. 14 |
| 8:00- | Lap Swim/ | | Lap Swim/ | | Lap Swim/ | 9:00- | |
| 9:30am | Dive Tank | | Dive Tank | | Dive Tank | 10:30am | |
| | | | | | | Lap Swim/ | |
| | | | | | | Dive Tank | |
| | | | | | | (4 lanes) | |
| 11:30- | Lap Swim/ | Lap Swim | Lap Swim/ | Lap Swim | Lap Swim/ | | |
| 1:00pm | Dive Tank | | Dive Tank | | Dive Tank | | |
| | | | | | | | |
| 12:15- | | Deep Water | | Deep Water | | | |
| 12:55pm | | Aqua Fitness | | Aqua Fitness | | | |
| | | (Tank) | | (Tank) | | | |
| 1:30- | | 7:30-9:00pm | | | | 1:00- | Lap Swim/ |
| 3:00pm | | Lap Swim | | | | <u>2:30pm</u> | Dive Tank |
| | | (2 Lanes) | | | | Lap Swim/ | |
| | | | | | | Dive Tank | |
| | | | | | | | |



Dec.15 – Dec. 28, 2025

| Time | Monday, | Tuesday, | Wed. | Thursday, | Friday, | Saturday, | Sunday, |
|---------|-----------|--------------|-----------|--------------|-----------|----------------|-----------|
| | Dec. 15 | Dec. 16 | Dec. 17 | Dec. 18 | Dec. 19 | Dec. 20 | Dec. 21 |
| 8:00- | Lap Swim/ | | Lap Swim/ | | Lap Swim/ | <u>9:00-</u> | |
| 9:30am | Dive Tank | | Dive Tank | | Dive Tank | <u>10:30am</u> | |
| | | | | | | Lap Swim/ | |
| | | | | | | Dive Tank | |
| 11:30- | Lap Swim/ | Lap Swim | Lap Swim/ | Lap Swim | Lap Swim/ | | |
| 1:00pm | Dive Tank | | Dive Tank | | Dive Tank | | |
| | | | | | | | |
| | | | | | | | |
| 12:15- | | Deep Water | | Deep Water | | | |
| 12:55pm | | Aqua Fitness | | Aqua Fitness | | | |
| | | (Tank) | | (Tank) | | | |
| | | | | | | | |
| 1:30- | 2:30-4pm | | | | | <u>1:00-</u> | Lap Swim/ |
| 3:00pm | Lap Swim/ | | | | | 2:30pm | Dive Tank |
| | Dive Tank | | | | | Lap Swim/ | |
| | | | | | | Dive Tank | |
| 7:30- | | Lap Swim | | | | | |
| 9:00pm | | (2 Lanes) | | | | | |

| Time | Monday, | Tuesday, | Wed. | Dec. 25 & | Saturday, | Sunday, |
|--------|-----------|-----------|-----------|-----------|--------------|-----------|
| | Dec. 22 | Dec. 23 | Dec. 24 | Dec. 26 | Dec. 27 | Dec. 28 |
| | | | | CLOSED | | |
| 8:00- | Lap Swim/ | | Lap Swim/ | | 9:00-10:30am | |
| 9:30am | Dive Tank | | Dive Tank | | Lap Swim/ | |
| | | | | | Dive Tank | |
| | | | | | | |
| 11:30- | Lap Swim/ | Lap Swim/ | Lap Swim/ | | | |
| 1:00pm | Dive Tank | Dive Tank | Dive Tank | | | |
| | | | | | | |
| | | | | | | |
| 1:30- | 2:30-4pm | | | | 1:00-2:30pm | Lap Swim/ |
| 3:00pm | Lap Swim/ | | | | Lap Swim/ | Dive Tank |
| | Dive Tank | | | | Dive Tank | |
| | | | | | | |
| 7:30- | | Lap Swim/ | | | 4:00-5:30pm | |
| 9:00pm | | Dive Tank | | | Lap Swim/ | |
| | | | | | Dive Tank | |
| | | | | | | |



Dec.29 – January 4, 2026

| Time | Monday, | Tuesday, | Wed. | Thursday, | Friday, | Saturday, | Sunday, |
|--------|-----------|-----------|-----------|-----------|-----------|----------------|---------------|
| | Dec. 29 | Dec. 30 | Dec. 31 | Jan. 1 | Jan. 2 | Jan. 3 | Jan. 4 |
| 11:30- | Lap Swim/ | Lap Swim/ | Lap Swim/ | CLOSED | Lap Swim/ | <u>10:00-</u> | |
| 1:00pm | Dive Tank | Dive Tank | Dive Tank | | Dive Tank | <u>11:30am</u> | |
| | | | | | | Lap Swim/ | |
| | | | | | | Dive Tank | |
| | | | | | | | |
| 2:30- | Lap Swim/ | | | | Lap Swim/ | Lap Swim | <u>1:30-</u> |
| 4:00pm | Dive Tank | | | | Dive Tank | (2 Lanes) | <u>3:00pm</u> |
| | | | | | | | Lap Swim/ |
| | | | | | | | Dive Tank |
| | | | | | | | |
| 7:30- | | Lap Swim/ | | | | | |
| 9:00pm | | Dive Tank | | | | | |
| | | | | | | | |
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