Saint John Senate Curriculum Committee

Report

October 18, 2005

Table of Contents

Executive Summary

1. Curriculum Changes from the Faculty of Arts
   Program Changes:
   a. Sport and Exercise Psychology (SEP)
      i. Rationale for Changes
      ii. Program Changes
      iii. Change to Arts Regulations
      iv. Course Modifications
      v. Prerequisite Changes
      vi. Course Title Changes
      vii. Course Deletions
      viii. Recommendation
   
   b. Psychosocial Dimensions of Sport Minor
      i. Rationale for Changes

   c. Education
      i. Calendar Changes to Description of Education Program
      ii. Course Modification
      iii. Recommendation

2. Curriculum Changes from the Faculty of Science, Applied Science and Engineering
   Program Changes:

   a. General Bachelor of Science (Bsc)
      i. Rationale for changes
      ii. Recommendation

Appendix:

Calendar copy for above changes

Respectfully Submitted

Dr. Daniel Downes
Chair,
Senate Curriculum Committee
Executive Summary

1. Curriculum Changes from the Faculty of Arts

As a result of the deletion of the Bsc in Kinesiology and the bachelor of Recreational Sport Studies in January, 2005 and an internal MPHEC Review of the Port and Exercise Psychology Program a number of changes have been proposed affecting the Major in Sport and Exercise Psychology and the Psychosocial Dimensions of Sport Minor.

These changes are housekeeping issues which involve:
   i. changing all reference to Kinesiology courses (KIN) to Sport and Exercise Psychology courses (SEP) in General BA Regulations, course descriptions and Program Descriptions
   ii. Changing all references to “term-courses” from “credit hours” to reflect Arts Regulation changes
   iii. changing course offerings in the SEP major and Psychosocial Dimensions of Sport Minor to reflect SEP as a Bachelor of Arts degree

Recommendation: Senate Curriculum Committee recommends Senate approve the changes

The Education program proposes two housekeeping items:
   i. Calendar Changes to Description of Education Program identifying which Education Courses can count as Arts electives
   ii. Modification of the course description to ED3021 to prevent non-Education student from taking the course as an upper level elective.

Recommendation: Senate Curriculum Committee recommends Senate approve the changes

2. Curriculum Changes from the Faculty of Science, Applied Science and Engineering

Program Changes:

As a result of low enrolment over the past few years, discrepancies between the Bsc offered at the Saint John Campus and the Fredericton Campus, and a concern for academic planning the Faculty of SASE proposes a number of changes to the General Bachelor of Science. These changes include:
   i. a reduction of the total credit hours required for the program, a corresponding change in the number of core courses and calendar changes to facilitate a student’s ability to plan their course of study.

Recommendation: Senate Curriculum Committee recommends Senate approve the changes
1. Curriculum Changes from the Faculty of Arts

Program Changes:

a. Sport and Exercise Psychology (SEP)

The Program of Study and Curriculum sections of the BA in Sport and Exercise Psychology and the Psychosocial Dimensions of Sport Minor have been changed to reflect decisions made by Senate in January 2005. At that time two programs were deleted (Bsc in Kinesiology and the Bachelor in Recreational Sport Studies) due to low enrolment figures over an extended period of time.

i. Rationale for changes

An Internal review mandated by the MPHEC Program Review Regulations was completed in 2003-2004. The following changes are a result of that review.

ii. Program Changes:

All references to KIN courses have been changed to SEP; course selection has been modified to reflect SEP as a Bachelor of Arts degree; the use of the phrase “term-course” has replaced “credit hours” to reflect a change in Faculty of Arts regulations. Several courses (SEP 3031 Exercise Psychology and 3031 Advanced Sport Psychology as well as PSYC 3033 Health Psychology and 3633 Motivation) which were formerly electives for the major are now required courses.

iii. Change to Arts Regulations (p. 143 of 2004 – 05 Calendar)

Since there are no Kinesiology programs offered on the UNBSJ campus, it is imperative that any restrictions to the BA degree with a major in Sport and Exercise Psychology be removed.

iv. Course Modifications

The following courses have been renamed from KIN to SEP: SEP 1001; SEP 1012; SEP 2021; SEP 2023; SEP 2032; SEP 3031; SEP 3032; SEP 3123; SEP 4021; SEP 4904; SEP 4993; SEP 4994.

v. Prerequisite Changes:

SEP 1001 is a required course for all SEP courses. In addition: SEP 2021 requires PSYC 1003, 1004 and SOCI 1001; SEP 2023 requires SOCI 1001; SEP 2023 requires PSYC 1003, 1004.

All other prerequisites remain the same.

vi. Course Title Changes:

SEP 4993 Selected Topics in Sport and Exercise Psychology I
SEP 4994 Selected Topics in Sport and Exercise Psychology II

vii. Course Deletions

KIN 4022 Sociological Analysis of Sport is being deleted as it has not been taught for the last fifteen years.

viii. Recommendation

The Senate Curriculum Committee recommends that Senate approve the aforementioned changes to the SEP Program.
b. **Psychosocial Dimensions of Sport Minor**

The purpose of the changes is to update the Psychosocial Dimensions of Sport Minor by reflecting the change from KIN to SEP and to strengthen relevant course selection from the disciplines of Psychology and Sociology.

i. **Rationale for changes:**

To clarify the Program of Study section related to minimum grades as required. To change all KIN acronyms to SEP acronyms since this program is closely related to the Sport and Exercise Psychology major. To add relevant courses from the disciplines of Psychology and Sociology, to increase the choice of courses from those disciplines supporting the Minor.

ii. **Recommendation**

The Senate Curriculum Committee recommends that Senate approve the aforementioned changes to the Psychosocial Dimensions of Sport Minor.

c. **Education**

i. **Calendar Changes to Description of Education program**

The purpose of the change is to clarify which Education courses can be counted by Education students as Arts electives.

The reason for the change is to reflect changes voted by Senate on January 19, 2005.

ii. **Course Modification**

ED 3021 Change to course description. The reason for the change is that non ED students have tried to take this course as a 3000 level credit when they should have taken it as PSYC 2201.

iii. **Recommendation**

The Senate Curriculum Committee recommends that Senate approve the aforementioned changes to the Education Program.

2. **Curriculum Changes from the Faculty of Science, Applied Science and Engineering**

Program Changes:

a. **General Bsc**

i. **Description of changes:**

| a) | Reduction of total credit hours required for completion of program. |
| b) | Change in the number of core courses required. |
| c) | Separation of the requirement for 1st and 2nd year. |
| d) | Update list of suggested electives. |
| e) | Modify notes to reflect changes proposed. |
| f) | Include a notation identifying opportunity for external specialization or study abroad |
ii. Rationale for changes

In light of low enrolment for this program in recent years, discrepancies with the corresponding program offered on the Fredericton campus and the general trend for program review with regard to rationalization to current requirements, it was felt this course of study was in need of some adjustment.

Reduction of total credit hours for completion of the program from 144 to 134 will diminish the discrepancy with similar general degree programs (ex. BSc in General Science – Fredericton campus, 134 ch minimum).

To facilitate the 10 ch reduction, the core science course component will be reduced by 6 ch, which will have minimal impact on the breadth of scientific knowledge acquired by the student. Note that all first year science courses are included as a requirement which is in compliance with the general BSc program regulations. The bulk of the reduction will be addressed through limiting the number of electives.

Another change proposed is the delineation of the course requirement in the first two years. The current description, although providing the students greater flexibility in selecting a course of study, can be confusing and frustrating when it comes to picking class combinations that are not part of the standard programs. The intent of the General Science program is to provide an introduction to the Sciences. The proposed description accomplishes this through a structured line of study. This level of study exceeds the requirement set out for the first year of the Fredericton program where only one term of lecture in each of the fundamental sciences is required.

The electives list needs to be amended to reflect changes in course offerings, Ex. PHIL 2110 now 2111 and 2112.

Note 1 of current description will be modified as the courses are proposed as core requirements. This notation will include a statement advising of a need to select two areas of concentration. An additional notation is proposed which identifies that courses from other institutions would be considered for inclusion in the program. This facilitates the opportunity for students to pursue study at other campuses to acquire specialization in a topic area that is not currently available on the Saint John campus. This is an important consideration for retaining students with an interest in a unique area

iii. Recommendation

The Senate Curriculum Committee recommends that Senate approve the aforementioned changes to the General BSc.
Appendix:

1. Sport and Exercise Psychology – general information about BA regulations

Proposed Calendar copy (p 143 in 2004 – 05 Calendar):


1. With the exceptions noted below only credit hours successfully completed in disciplines listed above will count towards the BA degree.
   
   b. Subject to the agreement of the appropriate departments, up to a maximum of 4 term-courses of core Education courses, can be counted towards a BA degree.

2. Sport and Exercise Psychology Program Description

Proposed Calendar Copy (pp 155 – 56 in 2004 – 05 Calendar):

SPORT AND EXERCISE PSYCHOLOGY

General Information
The Sport and Exercise Psychology Major provides an academic opportunity for systematic study in the fields of Kinesiology and Psychology.

Kinesiological Characteristics
Kinesiological analysis of sport assumes the study of human beings from a movement science and physical activity perspective. Sport and physical activity provide the environmental setting for this analysis.

Psychological Characteristics
Psychological characteristics of the participant are studied from theoretical and conceptual approaches such as body image, self-concept, exercise adherence, risk-taking, situational specificity of behaviour, aggression, motivation, self-efficacy, need achievement, anxiety, arousal, kinesthetic satisfaction, and general personality and performance relationships.

Eligibility
Admission to the Sport and Exercise Psychology Major is open to any Arts student. Students interested in the Psychological and/or Kinesiological aspects of sport may find the program to be of particular interest. Students should indicate their interest in the program in their first year of study and must select the major no later than the start of their third year.

Program of Study
To qualify for the interdisciplinary Major degree, a student must complete 16 approved term-courses from the disciplines of Sport and Exercise Psychology and Psychology. Students who are seeking to complete a Double Major should select their courses in consultation with a faculty advisor. A minimum grade of C (2.0) is required for all courses taken to meet the interdisciplinary Major's requirement with the exception of SEP 2021, 2023 and 2032 where a minimum grade of B- is required. A student majoring in Sports and Exercise Psychology must complete 9 approved compulsory lower level term-courses in Sport and Exercise Psychology and Psychology. They must also complete a minimum of 7 approved upper level term-courses in Sport and Exercise Psychology and Psychology, of which 1 term-course must be PSYC 3313 or PSYC 4233. These courses must be selected in consultation with a faculty advisor and must include at least 3 approved upper level term-courses in Sport and Exercise Psychology and 4 approved upper level term-courses in Psychology. A student who wishes to do a double major in Sport and Exercise Psychology and another discipline must complete 1 approved upper level term-course in each of Sport and Exercise Psychology and Psychology.
Students must also complete all required term-courses for the single major in Sport and Exercise Psychology.

**Administration**
The Sport and Exercise Psychology Major will be jointly administered by the Departments of Psychology and Social Science.

**Curriculum**

**First Year (10 term-courses):**
**Required Courses (8 term-courses):**
- **SEP 1001** Introduction to Kinesiology 3 ch
  - one (1) of:
    - **SEP 1012** Kinesiological Aspects of Lifespan Development 3 ch
    - OR
    - **PSYC 2201** Child Development 3 ch
  - **PSYC 1003** Introduction to Psychology I 3 ch
  - **PSYC 1004** Introduction to Psychology II 3 ch
  - **BIOL 1551** Principles of Biology, Part I 3 ch
  - **BIOL 1012** Biological Principles, Part I I 3 ch
  - **ENGL1xxx or 2xxx** 3 ch
  - **SOCI 1001** Intro to Sociology 3 ch

**Electives** 2 term-courses 6 ch
TOTAL 30 ch

**Second, Third and Fourth Years (30 term-courses):**
**Required Courses : (10 term-courses)**
- **SEP 2021** Youth in Sport 3 ch
- **SEP 2023** Introduction to the Sociology of Sport 3 ch
- **SEP 2032** Introduction to Sport Psychology 3 ch
- **PSYC 2102** Research Methods in Psychology 3 ch
- **PSYC 2901** Introduction to Statistical Analysis for Psychologists 3 ch
- **SEP 3031** Exercise Psychology 3 ch
- **SEP 3032** Advanced Sport Psychology 3 ch
- **PSYC 3033** Health Psychology 3 ch
- **PSYC 3633** Motivation 3 ch

One (1) of:
- **PSYC 3313** Introduction to Psychological Testing 3 ch
  - or
  - **PSYC 4233** Programme Evaluation 3 ch
TOTAL 30 ch

**Upper Level Electives in Sport and Exercise Psychology (7 term-courses):**
From List A and List B, a minimum of 7 upper level term-courses in Psychology and Sport and Exercise Psychology must be chosen. Courses must include 1 term-course from each of the disciplines of Sport and
Exercise Psychology and Psychology. Substitutions are allowed with the approval of program coordinators.

List A: Sport and Exercise Psychology Group A Choose a minimum of one (1) term-course elective from:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEP 3123</td>
<td>Careers of Elite Athletes: A Sociological Analysis</td>
<td>3 ch</td>
</tr>
<tr>
<td>SEP 4021</td>
<td>Aggression and Violence Perspectives in Sport</td>
<td>3 ch</td>
</tr>
<tr>
<td>SEP 4904</td>
<td>Directed Studies in Exercise and Sport Science</td>
<td>3 ch</td>
</tr>
<tr>
<td>SEP 4993</td>
<td>Selected Topics in Sport and Exercise Psychology I</td>
<td>3 ch</td>
</tr>
<tr>
<td>SEP 4994</td>
<td>Selected Topics in Sport and Exercise Psychology I I</td>
<td>3 ch</td>
</tr>
</tbody>
</table>

Note: SEP 1001 is a prerequisite for all courses in Sport and Exercise Psychology.

List B: Psychology Group B Choose a minimum of one term-course elective from:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 3222</td>
<td>Sex Differences</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3293</td>
<td>The Psychology of Aging</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3313</td>
<td>Introduction to Psychological Testing</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3343</td>
<td>Human Sexuality</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3362</td>
<td>Introduction to Guidance and Counselling</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3383</td>
<td>Perception</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3412</td>
<td>Advanced Social Psychology</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3461</td>
<td>Theories of Personality</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3493</td>
<td>Changing Behaviour</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3503</td>
<td>Learning</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3553</td>
<td>Psychopathology</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3603</td>
<td>Selective Attention and Memory</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3752</td>
<td>Drugs and Behaviour</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 3913</td>
<td>Introduction to Statistical Inference and Experimental Design in Psychology</td>
<td>3 ch</td>
</tr>
<tr>
<td>PSYC 4233</td>
<td>Programme Evaluation</td>
<td>3 ch</td>
</tr>
</tbody>
</table>

Note: PSYC 1003 is a prerequisite for PSYC 1004, and PSYC 1004 is a prerequisite for all remaining Psychology courses.

Electives (2nd, 3rd and 4th years):
5 lower level term-courses and 12 upper level term-courses.

3. Psychosocial Dimensions of Sport Minor

Proposed Calendar copy (p 155 – 56 in 2004 – 05 Calendar):

PSYCHOSOCIAL DIMENSIONS OF SPORT MINOR

General Information
The Psychosocial Dimensions of Sport Minor provides an academic opportunity for systematic study in the fields of Sport Psychology and Sport Sociology.

Eligibility
Admission to the Psychosocial Dimensions of Sport Minor is open to any Arts student. Students majoring in Psychology or Sociology may find the program to be of particular interest. Students must select the Minor in consultation with a Faculty advisor, and this should normally be done at the same time as they declare a major.

Program of Study
The Minor Programme in the Psychosocial Dimensions of Sport shall consist of at least 8 term-courses of instruction. The three term-courses listed below are mandatory. A minimum grade of at least B- (2.7) is necessary in each of the mandatory courses to qualify for the Minor. Prerequisites are noted in brackets. A minimum grade of C (2.0) is required for all term-courses chosen from Groups A, B, or C.

Mandatory Courses
Students must choose the remaining 5 term-courses from the following groups, some of which may have prerequisites.

**Group A - Kinesiology**

Sport and Exercise Psychology (2 term-courses)
Choose two (2) term-courses:

- **SEP 3031** Exercise Psychology (3 ch)
- **SEP 3032** Sport Psychology (3 ch)
- **SEP 3123** Careers of Elite Athletes: A Sociological Analysis (3 ch)
- **SEP 4021** Aggression & Violence Perspectives in Sport (3 ch)
- **KIN 4022** Sociological Analysis of Sport (3 ch)

**Group B - Psychology**

(1 term-course)
Choose one (1) term-course:

- **PSYC 3033** Health Psychology (3 ch)
- **PSYC 3362** Intro to Guidance and Counselling (3 ch)
- **PSYC 3412** Advanced Social Psychology (3 ch)
- **PSYC 3461** Theories of Personality (3 ch)
- **PSYC 3493** Changing Behaviour (3 ch)
- **PSYC 3632** Motivation (3 ch)

Note: **PSYC 1003** is a prerequisite for **PSYC 1004**, and **PSYC 1004** is a prerequisite for all remaining Psychology courses.

**Group C - Sociology**

(1 term-course)
Choose one (1) term-course:

- **SOCI 2323** Sociology of Work (3 ch)
- **SOCI 2533** Social Movements and Social Revolutions (3 ch)
- **SOCI 2603** Sociology of Deviance (3 ch)
- **SOCI 3103** Strategies of Sociological Research (3 ch)
- **SOCI 2803** Sociology of the Family (3 ch)
- **SOCI 3214** Sociology of Communication (3 ch)
- **SOCI 3543** Sociology of Gender Relations (3 ch)

Note: **SOCI 1001** is a prerequisite for all courses in Sociology.

**Group D - Group A, B or C**

(1 term-course)
Choose one (1) term-course:

- **SEP** (3 ch)
- **PSYC** (3 ch)
- **SOCI** (3 ch)

Date proposed program changes to take effect: September 2005

4. Education Calendar Changes:

Proposed Calendar Copy (p 143 5. c. in 2004-05 Calendar):

**Some core Education courses (ED 3031, 3041, 3051, 3063)** as well as ED 3651 and 4562 for Arts students who are registered in the Certificate in Teaching English as a Second
Language (CTESL) Program, can be counted as Arts elective credits, up to the maximum of 4 term-courses. Methods courses in Education are not eligible for Arts elective credits. Non-core Education courses which are similar to Arts courses, may be considered for Arts elective credit on an individual basis by the Dean of Arts.

5. Education Course Modification:

Proposed calendar copy (p 207 in 2004 – 05 Calendar):

ED 3021 Human Development and learning: An Overview (3 ch)
A study of theory, methods and research findings in infancy and childhood. Examines social, cognitive, emotional and physical development. Credit will not be granted for both PSYC 2201 and ED 3021 NOTE: Open to Education Students only.
Prerequisites: Psyc 1003 and Psyc 1004

6. General Science Calendar Changes:

Proposed Calendar changes (p 177 in 2004 – 05 Calendar):

General Science Option

1st Year (Minimum 35 ch)
CHEM 1041, 1046, 1072, 1077; MATH 1003, 1013; and PHYS 1000
plus one combination of; BIOL 1001, 1012, 1017 and PYSC 1003, 1004 or GEOL 1044, and 1074.(See Note #1)

2nd Year (Minimum 31 ch)
BIOL 1001, 1012, 1017 and PYSC 1003, 1004 or GEOL 1044, 1074; 21 ch at the second year level in two areas of concentration selected from Biology, Chemistry, Geology, Mathematics, Physics, Psychology, Statistics or Engineering.

3rd and 4th Years (Minimum 64 ch)
42 ch Upper level Biology, Chemistry, Geology, Mathematics, Physics, Psychology, Statistics or Engineering. (At least 12 ch in the two areas of concentration selected, with no more than 24 ch in one area.)
22 ch Approved electives. (At least 12 ch must be selected from Arts, Business, Computer Science, Data Analysis). Recommended electives: HUM 2121, HUM 3121, PHIL 1053, 2111, 2112, 3241, 3243

Total 134 ch minimum

Note 1: Both the BIOL 1001, 1012, 1017, PSYC 1003, 1004 combination and GEOL 1044, 1074 must be completed before graduation. Course selection in the first year should be done in a manner which allows progression to the two areas of concentration planned for the upper years.
For graduation, students will be listed in three divisions as for other BSc students, but a student achieving a cumulative grade point average of 3.5 or better will graduate with distinction.
Note 2: The General Science options offered on the two campuses differ from one another. The regulations governing the General Science option offered at UNBF are given in Section G.

Note 3: Courses from other institutions will be considered for credit toward this program, pending approval by the Department of Physical Sciences. This affords the students an opportunity to participate in "study abroad" or pursue study in a topic area that is currently not available on the Saint John campus.