

Appendix 3-

Choose a quotation from the list below or create/use one of your own:

Most people are about as happy as they make up their minds to be.

Abraham Lincoln

Be happy with what you have, and you will have plenty to be happy about.

Irish Proverb

**Hold fast to dreams
For if dreams die
Life is a broken-winged bird
That cannot fly.**

Langston Hughes(1902-1965)

The best way to give advice is to set a good example.

English Proverb

I complained that I had no shoes until I met a man who had no feet.

Persian Proverb

Anyone who makes a mistake and does not admit it is making another mistake.

Confucius

Be kind, for every person you meet is fighting a hard battle.

Ian Maclaren

Talent wins games but teamwork and intelligence wins championships.

Michael Jordan

Never let the fear of striking out get in your way.

Babe Ruth

A good name is better than riches.

Proverb

Sooner or later the man that wins is the man that thinks he can.

Author Unknown

