

Social Development- NB Government Website

Contact number-

Toll free- 1-833- 733-7835

Website:

https://www2.gnb.ca/content/gnb/en/departments/social_development.html

Provides information on the following topics:

- ✓ Help at home/Housing options
- ✓ Financial help
- ✓ Legal Rights and Protection
- ✓ Managing Medical Issues
- ✓ Healthy Living
- ✓ Community Resources
- ✓ End of Life Planning

Public Legal Education and Information Service

Contact Number- 506-453-5369

<http://www.legal-info-legale.nb.ca/>

Extra-mural Program

Contact information: Toll free number 1-844-982-7367

Provides home health services to seniors with a wide range of illnesses, injuries, and palliative (end of life) care needs.

Community Resources

Seniors' Resource Center

Provides information regarding various government services and groups and organizations regarding home care, seniors' clubs, finances, recreation activities, etc.

Contact Number- 506-633-8781

Website: <https://www.seniorshelpsj.ca/>

Alzheimer's Society of New Brunswick

Programs and services are available free of charge to individuals living with dementia, their families and their care providers.

Toll-free number- 1-800-664-8411

Website- <https://alzheimer.ca/nb/en>



Aging in Place: Senior Care Navigation



Addictions and Mental Health

Grand Manan- (506)-662-7023

Saint John-(506)-658-3737

St. George-(506)-755-4044

St. Stephen-(506)-466-7380

Sussex- (506)- 432-2090

Community Centers

Community centers offer many programs for Seniors.

Saint John Area- (506)-658-2908

Sussex- Golden Jubilee Hall Senior Center –(506)- 433-8480

St. Stephen- Garcelon Civic Centre (506) (506) 467-3030

St. Andrews- W.C. O'Neill Arena Complex- (506) 529-5120

Transportation

*Handi-bus- Saint John area-506-643-7004

*Dial-a-ride: Charlotte County-(506) 466-4444

*Sussex-(506) 433-4453

*A2B Transportation -Saint John and surrounding areas- wheelchair access- 506-631-0968



Equipment

- ✓ Canada Red Cross- 506-674-6200
- ✓ Lifemark Total Ability Services- 506-847-0677
- ✓ Tango Medical Equipment- 1-877-854-8842
- ✓ Local Pharmacies in your area

AGING IS NOT 'LOST YOUTH' BUT A NEW STAGE OF OPPORTUNITY AND STRENGTH.

QUOTEHD.COM

Betty Friedan

Non-government; non-profit/for-profit/charity organization in Southwestern Region:

- ✓ Alzheimer Society of New Brunswick
- ✓ Canadian Red Cross Society
- ✓ Go Ahead Seniors
- ✓ Literacy Coalition of New Brunswick
- ✓ Meals on Wheels
- ✓ NB Association for Community Living
- ✓ New Brunswick Home Support Association
- ✓ New Brunswick Multicultural Council
- ✓ New Brunswick Seniors Citizens Federation