

Title: Experiences with GPS travel diaries in rural older driver research

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ABSTRACT

This paper describes using passive Global Positioning Systems (GPS) data collection and Geographic Information System (GIS) with participant prompted recall to study the travel habits of rural older drivers. It is based upon the research of a convenience sample of 60 rural drivers (29 men, 31 women, average age 69.6 years) in New Brunswick, Canada. The transportation needs of a growing population of older rural residents, many who face the risk of not being able to meet their needs if they can no longer drive, are not well understood and represent an immediate and future policy need. GPS-based travel diaries are a useful method to obtain origin/destination and other contextual information in support of rural transportation planning.

A total of 1649 “stops” (periods of non-movement lasting 1 minute or more) by participant vehicles were recorded with the GPS units. Approximately 8% of all “stops” were due to stoplights or traffic delay. The remaining “stops” were organized into 1494 trips (one origin with one destination), with participants supplying purposes, who was driving, and passenger details for 99.1% of recorded trips. Travel data were collected on average for 5.3 days per participant. An external battery for the GPS unit minimized the typical satellite acquisition but was exhausted in 10% of cases. Only 2.2% of recorded trip ends were due to lost reception or acquisition delay and in each case the missing distance data were interpolated. Service clubs and snowball sampling were the most effective means of recruiting rural participants.

1 INTRODUCTION

2 The collection of revealed travel behaviour data while minimizing respondent burden has
3 made Global Positioning System (GPS)-based travel diaries an important tool for urban
4 transportation planning and policy analysis. Rural transportation planning, however,
5 relies almost exclusively on vehicle counts for infrastructure planning (1) (2) and national
6 datasets that underrepresent rural areas for policy analysis (3). GPS travel diaries have
7 the potential to provide a wealth of useful information in support of rural transportation
8 planning, but have typically only been employed in urban areas. The transportation
9 needs of a growing population of older rural residents, many who face the risk of not
10 being able to meet their needs if they can no longer drive, are not well understood and
11 represent an immediate and future policy need.

12 This paper describes a methodology for conducting a detailed prompted recall-
13 based Global Positioning Systems (GPS)-based travel diary study of the travel habits of
14 rural older drivers to maximize their participation and data collection. It also presents
15 findings regarding the methodology, and suggestions for inclusion of the method in rural
16 transportation policy development. It is based upon the research of a convenience sample
17 of 60 rural drivers (average age 69.6 years) in New Brunswick, Canada. The goal was to
18 demonstrate the usefulness and practicality of the method and to discuss potential
19 opportunities and challenges if adopted into rural transportation planning.
20

21 Background

22 The growth in the Canadian population 65 years and older is expected to double to 9
23 million and represent 23% of the total population by 2031 (4). Many in this population
24 will be automobile drivers and will depend on their vehicle to help them meet their needs,
25 however, the aging process can make driving difficult or impossible over time meaning
26 alternatives will be necessary. This has particular implications for jurisdictions
27 encompassing a large rural population, like New Brunswick, where over 40% of older
28 people live in rural areas (5). Many rural areas do not have alternatives available and
29 alternatives that do exist tend to be underutilized or unmatched to the community's needs
30 (6, 7). This may lead some rural drivers to hold on to their drivers license longer than
31 they should, and may explain why collision rates for rural seniors aged 81 years and older
32 have been found to be higher than their urban counterparts (8).

33 Considerable research supports the need to address this growing demographic in
34 transportation planning; however, it is unclear how jurisdictions will address this issue in
35 their rural transportation planning since the data are not collected. The unavailability of
36 detailed travel data on seniors in rural areas can mean governments infer policy directions
37 from readily available urban-based studies or outdated data sources. The results can be
38 mass-transit solutions for a low-density rural problem and perpetuation of incongruent
39 policy directions. Since most rural older people choose to use the private automobile (9,
40 10, 11) (out of necessity or convenience), it seems logical that for any alternative to be
41 successful, it needs to approximate the conditions that make the automobile attractive
42 (12). It is the measurement of these conditions which is typically lacking in rural
43 jurisdictions.
44
45

1 **Literature Review**

2 Travel diary surveys have been around for decades but collecting travel information by
3 electronic travel diaries and GPS is a relatively new method. The TRB Committee to
4 Review the Bureau of Transportation Statistics' (BTS) Survey Programs recommended
5 that the BTS "take advantage of a range of design concepts and new technologies in its
6 continuing efforts to improve the response rate and data quality for the NHTS." The ITE
7 Planning Handbook does not specify the duration of a travel survey (13), though
8 historically they have been one day in length, with the occasional two day survey (14).
9 Some have suggested only multiday surveys are appropriate for understanding travel
10 behaviour and its variability (15), but increases respondent burden. Concerns with the
11 accuracy of pen and paper diaries, including omitted trips and increased respondent
12 burden, combined with improved spatial data collection with GPS have prompted the
13 development and use of electronic travel diaries (16, 17, 18, 19, 20).

14 The main difference among electronic travel diary surveys is that some require
15 participant interaction with a Personal Digital Assistant (PDA) to enter trip purpose,
16 passenger numbers, etc. (16) while others derive trip purpose solely from the GPS data
17 (19) and others have employed prompted recall to fill in the data gaps (20). The use of
18 electronic travel diaries can address many issues with underreporting in traditional travel
19 diary surveys. Individuals between 50-69 years of age, men, people who are
20 unemployed, those who travel long distances (> 32 km) on an average trip, and those who
21 trip chain all tend to underreport trips (21). These attributes suggest that conventional
22 travel diaries for rural older drivers would result in considerable underreporting. The
23 limiting factors in GPS travel diary surveys of rural older people have been the trackpoint
24 memory of the equipment and the recall ability of participants (*Error! Bookmark not
25 defined.*).

26 A 2004 proof-of-concept study by Hildebrand, et al. demonstrated that GPS and
27 GIS could be used to collect detailed information on the travel habits of rural older
28 drivers resulting in a comprehensive database permitting detailed analysis (22). The
29 study followed 21 rural older people for an average of 2 days per person and explored
30 issues with equipment set up, data recovery and analysis, participant interaction
31 (including prompted recall interviews). The main challenges experienced related to
32 ensuring continuous power to the GPS units (the units were not powered by the vehicle
33 battery) and the extensive time requirements to sort the GPS data into trips to present to
34 participants for the prompted recall survey.

35 Currently, Candrive (Canadian Driving Research Initiative for Vehicular Safety in
36 the Elderly) (23) is exploring ways to improve safety for older drivers and is recruiting
37 1000 drivers aged 70 years and older to be involved with seven projects in seven of
38 Canada's largest urban centres. One project in particular will study the travel patterns of
39 older Canadians using GPS tracking, and is expected to be underway by summer 2010
40 (24). This research effort will produce a rich dataset, especially with the prevalence of
41 revealed travel choices through the collection of GPS travel data; however, it will be
42 comprised primarily (if not exclusively) of urban data.

43 **METHODOLOGY**

44 This research builds upon the 2004 proof-of-concept study by older drivers by
45 Hildebrand, et al. and sought a more representative driver sample, an increased survey

1 period length, automated data processing and presentation, and expanded contextual data
2 collection to support analysis. It also sought to reduce respondent burden associated with
3 traditional travel diary surveys by limiting the effort required for participation, such as
4 eliminating the need for participant note taking, and meeting participants at their homes
5 where practicable.

6 A multiday travel diary survey of rural older drivers was desired. The goal of
7 reducing respondent burden meant employing all possible means (technological and
8 methodological) to make participation convenient. GPS equipment was sought that was
9 commercial-off-the-shelf, easily and discreetly installed in a vehicle, had sufficient
10 trackpoint memory to permit multiday study, permitted easy and quick data download
11 into a Geographic Information System (GIS) so participants could be prompted to recall
12 their trip purposes (instead of note-taking).

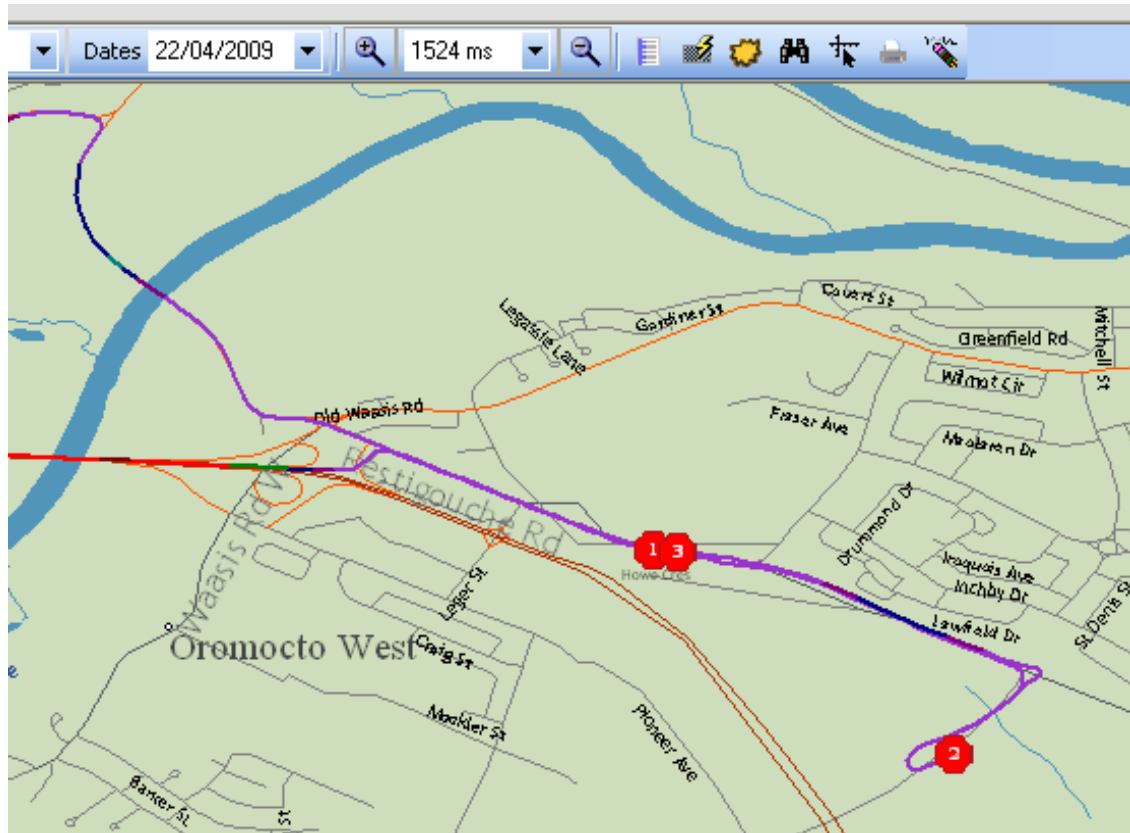
13 14 **Equipment selection and travel data collection methodology**

15 The Shadow Tracker ® commercial fleet vehicle tracking system from Advanced
16 Tracking Technology Inc. (ATTI) was identified and procured for pilot tests. It employs
17 a passive GPS unit (approximately the size of a standard deck of playing cards) which
18 can be easily connected to the vehicle battery by means of a 12V adapter. Reception is
19 from a power antenna connected to the unit and mounted in the vehicle. A back up
20 battery pack was also procured (battery is housed in the same type of plastic shell that
21 houses the GPS unit), which allowed it to be connected back to back with the GPS unit
22 using a special plastic mounting frame. The GPS unit was connected to the battery pack
23 with wires and the battery pack was connected by means of a 12 V adapter to the vehicle
24 battery. This ensured the GPS unit would remain constantly powered, while the battery
25 would be charged by the vehicle battery when the vehicle operated (it should be noted
26 that the 12 V outlets in most late model vehicles are only powered upon vehicle ignition).
27 This method minimized the number of missed trips associated with the 1 – 2 minute
28 satellite acquisition lag with initial power up of the GPS unit.

29 A proprietary GIS was also acquired, Shadow Tracker Professional, which
30 contained algorithms to automatically calculate trip ends based on user-defined stop
31 times and could display travel instantly. Following successful pilot tests, 10 Shadow
32 Tracker J2 units were acquired. The Shadow Tracker Professional software permits the
33 user to specify a time threshold of non-movement recorded by the GPS units to
34 correspond with the ends of “trips”. Wolf (19) had employed a 2 minute threshold of non-
35 movement to identify a trip-end, but Hildebrand et al. found that 22% of rural trips would
36 have been missed with that threshold, therefore recommended a 1 minute threshold.
37 “Trips” were defined as travel activities having a single origin and a single destination.
38 “Trip chains” were defined as the total number of “trips” completed between leaving and
39 returning “home”.

40 A prompted recall interview with participants was used to differentiate between
41 the end of a trip and a period of non-movement. A time threshold of 1 minute or greater
42 of non-movement was employed to signify the end of a trip. This required compiling all
43 the recorded travel for each participant into a single file and filtering the data to remove
44 periods of non-movement not associated with the end of a trip (such as a stop light).
45 Participants supplied “trip purposes” such as “shopping” for each trip by reviewing their
46 travel and their destinations (by time of day) on the GIS in Figure 1.

1 The sampling intervals for GPS points can be adjusted to as little as 3 seconds,
 2 though pilot studies were undertaken using a 10 second sampling interval to maximize
 3 trackpoint memory. The 3 second interval provided better resolution in viewing travel
 4 behaviour; therefore, was the threshold employed in the active surveys.
 5



6
 7 **FIGURE 1** Example of screenshot of the Shadow Tracker GIS for prompted recall

8 9 **Participant eligibility**

10 Eligible participants were aged 60 years of age and older, who lived in a rural area, and
 11 maintained a drivers licenses. Rural areas were considered anywhere outside of urban
 12 areas, with urban areas defined in Canada as an “area with a population of at least 1000
 13 and no fewer than 400 persons per square kilometre” (25). Transportation studies have
 14 used the age of 65 as a threshold to be considered a “senior”; however, there are studies
 15 that include participants as young as 50 and 55 years old (26, 27). Statistics Canada (5)
 16 reports the average retirement age to be 61.5 years, down from 65 in 1977.

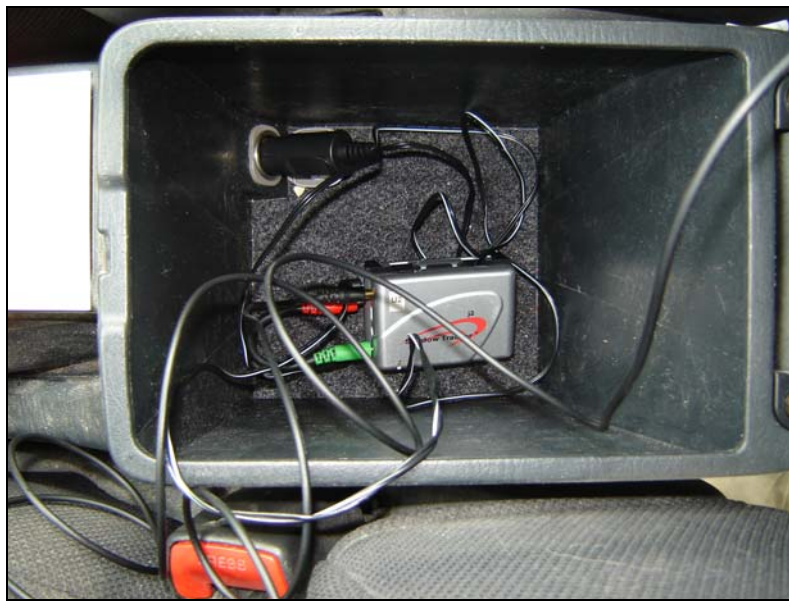
17 The guide for sample size was the minimum number within a class (age, gender)
 18 that would permit statistical comparison while also complying with an expected
 19 distribution of those variables when compared to larger census data. The Chi-squared
 20 test is a useful test to determine whether there is a significant difference between an
 21 observed and expected distribution (28). This study aimed for a minimum of 30 male and
 22 30 female participants to make use of the normal distribution test, while seeking a
 23 minimum of 5 male and 5 female participants in each age class (60-64 years, 65-74
 24 years, 75-84 years, 85 years >) to be eligible for the Chi-squared test.

1 Individuals from the same household were eligible for participation, but their
2 travel habits (travel as a driver and as a passenger in their own vehicle) were reported
3 separately. The prompted recall interviews were used to differentiate between drivers
4 and passengers.

5 Participants were recruited through convenience sampling methods. This method
6 is appropriate when dealing with sensitive issues (29), policy specific questions (30) and
7 “can in some circumstances yield samples that faithfully portray the important features of
8 a population” (31).

9 **Equipment installation**

10 The GPS unit was installed in an inconspicuous location within the vehicle, such as a
11 centre console (Figure 2), under the front seat, or in a pouch behind the front seats. The
12 GPS unit was connected to the equivalently-sized battery pack and the battery pack was
13 connected to the vehicle battery by the 12V connector. The external antenna was run
14 from the inconspicuous location to a place allowing a clear view of the sky (such as
15 attached to the metal rods connecting the head restraint to the seat), where it was secured
16 with a wire twist tie.
17
18



19
20 **FIGURE 2 Shadow Tracker passive GPS unit with battery and connecting wires**

21 **Process to conduct travel survey**

22
23 The information in Table 1 depicts the process employed to undertake the survey and the
24 general timelines and estimated duration of each task.
25

1
2 **TABLE 1: Travel diary survey methodology**
3

Step	Task	General timelines	Estimated duration
1	Recruit participant and arrange for convenient meeting time and place	1-2 weeks before survey	
2	Meet with participant and collect demographic and other data	Day before survey	15 minutes
3	Instrument participant vehicle(s) with GPS unit(s)	Day before survey	5 minutes
4	Arrange for convenient meeting time and place to retrieve GPS unit(s) following survey	Day before survey	
5	Retrieve GPS unit(s) and download data into laptop	1 week after first meeting	5 minutes
6	Present travel data to participant and conduct prompted recall survey	1 week after first meeting	15 - 45 minutes
7	Conduct stated adaptation survey based on busiest day of participant travel	1 week after first meeting	10 minutes
8	Collect participant views on driver's licensing issues and driving alternatives	1 week after first meeting	10 minutes

4
5 Generally, participants were met the day before the survey was to begin (ensuring a
6 complete day of travel beginning the next day), though in some cases, participants were
7 met in the early morning (8 am) if they indicated they were not planning to travel until
8 later in the day. Approximately 20 minutes were allotted to Steps 2 and 3, and up to an
9 hour for Steps 5 -8.

10 Participant-supplied data were transcribed by hand onto a survey sheet, then later
11 entered into a computer spreadsheet creating a "Participant Database". Revealed travel
12 behaviour from the GPS units were sorted into a computer spreadsheet and combined
13 with the stated trip purposes and stated adaptation responses into a "Trip Database".
14 Each GPS data point were exported into MS Access where qualifying attribute
15 information were assigned (age, gender), then exported for use in ArcView 3.3 where
16 each data point were assigned to a particular road class on the New Brunswick road
17 network.

18 19 **RESULTS**

20 The results are presented in terms of the number of participants surveyed, successful
21 methods of recruitment, length of survey, number of trips recorded, recording of
22 miscellaneous trips and equipment performance.

23 24 **Participant summary**

25 A total of 29 men and 31 women (average age: 69.6 years) were recruited for the research
26 (Table 2) from 43 households. A total of 50 vehicles were instrumented. Two exceptions
27 were made for participants under 60 years of age: one person aged 54 years (who was
28 retired) and one person aged 56 years (working from home) where it was not expected
29 that their attributes and travel would be markedly different from those aged 60-64 years,
30 therefore were included in that division.
31

1 **TABLE 2: Participants by age group**
2

	Age			Grand Total
	54-64	65-74	>75	
Male	9	13	7	29
Female	11	14	6	31
Grand Total	20	27	13	60

3

4 While several participants over the age of 85 years were recruited, the goal of five men
5 and women in this category was not achieved; therefore, they were combined with the
6 age group 75 – 84 years of age. Chi-squared tests were undertaken to compare the
7 observed distribution of participant attributes (age, gender, employment status) to the
8 expected distribution from Canadian census data. In each case, the difference between
9 the observed and expected distributions was not significant at the 5% level, suggesting
10 the sample can be useful for policy discussions and alternative development. The sample
11 was also compared to the observed and expected distribution of reported kilometres
12 travelled per year (n=53), drawing from the 2009 National Household Transportation
13 Survey for rural drivers aged 60 years and older, where no significant difference was
14 found.

15 The most effective methods for recruiting participants included: an appeal for
16 volunteers in a local newspaper; presentations to service clubs, seniors social clubs, or
17 groups with predominately senior members; snowball sampling (Table 3). Unsuccessful
18 methods included: appeals through seniors' advocacy groups, both local and national
19 (primarily because their membership were urban based).
20

21

22 **TABLE 3: Participant recruitment and interview location**

Method of participant recruitment	No.	Percentage
Responded to newspaper ad in one rural community	5	8.3%
Responded to call for volunteers at presentation to service or social clubs	12	20.0%
Direct solicitation	18	30.0%
Referred by other participants (snowball sampling)	25	41.7%

Non-participants who travelled in participant vehicles

Ineligible household members where travel data were collected by virtue of being a driver or passenger in participant vehicle	8	42.1%
Eligible household members who did not participate	11	57.9%

Location of participant interviews and equipment installation

	No.	Percentage
Met at participant's home	46	76.6%
Met at a central location (community centre, seniors club)	9	15.0%
Met at home of another participant	5	8.3%

23

24 Most participants were met at their homes where the interviews were conducted and the
25 equipment installed (Table 3). Several participants were met at a central location within
26 the rural community, such as a service club, legion or seniors club. The remainder were
27 met at the home of another participant, which served as a central location if the

1 participants own home was too remote. The interviews for each household were
 2 conducted in private, even when met at a central location or another participant's home.

4 **Survey duration**

5 GPS units were generally distributed and collected on a weekly cycle and the maximum
 6 number of useable travel days for the survey was six (if units installed in the evening) or
 7 seven (if units installed in morning prior to trip making). A useable travel day was one
 8 where a complete record of the trip making that day. Partial days were not included. The
 9 goal was to achieve at least three useable travel days per participant, with any additional
 10 useable travel days considered a bonus. The data in Table 4 show that only one of 60
 11 surveys had fewer than three useable travel days, and this was due to the participant's
 12 vehicle experiencing mechanical issues and being sent to a service bay for the remainder
 13 of the survey. The exhaustion of the trackpoint memory was the primary reason why
 14 some participants only had three or four useable travel days.

16 **TABLE 4: Frequency of useable travel days in survey**

Total useable travel days in GPS survey	Number of participants
2	1
3	2
4	13
5	9
6	30
7	5
Grand Total	60

19 **Summary of study attributes**

20 A total of 285,895 data points were collected with the Shadow Tracker GPS units, which
 21 following processing, represented 217 hours, 320 days, and 12449 km of individual
 22 participant travel in their household vehicle(s). The total number of "stops" recorded by
 23 the Shadow Tracker GIS software at a 1 minute non-movement threshold was 1649
 24 (Table 5). The prompted recall survey was able to identify 132 of those stops as a traffic
 25 light or traffic delay, accounting for 8% of all stops. Occasionally, the GPS units would
 26 record an erroneous point, which accounted for 23 recorded stops. Stops due to traffic
 27 lights and erroneous points were removed from the travel database, leaving a total of
 28 1494 vehicle trips in the database. Participants successfully recalled the trip purposes of
 29 1481 of the 1494 recorded trips, which is a recall rate of 99.1%.

31 **TABLE 5 Summary of study attributes**

Summary characteristic	Survey totals
A -Total number of stops recorded in useable travel days (1 min stop threshold)	1649
B - Total number of stops removed due to stoplight or traffic delay	132
C - Total number of stops removed due to erroneous recording	23
Total number of trips recorded (A-B-C)	1494
Number of miscellaneous stops included in total number of trips	102
Total recorded kilometres of participant travel	12449 km

1 **Miscellaneous trips**

2 There were 102 stops recorded by the Shadow Tracker which were found not to
 3 correspond with a trip end, where the 1 minute threshold was too coarse, or the stop did
 4 not correspond with a specific trip purpose. In that case, stops were assigned a code for
 5 “Miscellaneous” and a qualifier used to define the trip/stop purpose (Table 6).

6

7 **TABLE 6: Recorded stops not associated with a trip end**

8

Event recorded as “Misc.”	Total stops	Action
Lost reception	33	Interpolated to beginning of next trip
Stopped to look at something	23	
Missed short trip	16	Trip created in database, interpolated distance
Unknown	13	
Forgot something round trip	7	
Carpool with others	3	
Pleasure drive	3	
Asking directions/cellphone	3	
Repositioning vehicle	1	

9

10 The 33 recorded stops identified as lost acquisition were spread over 10 surveys where
 11 there were truncated or missed trips. In six surveys, this was attributed to the exhaustion
 12 of the external battery. The exhaustion of the battery lead to acquisition delays generally
 13 in the range of 1 – 2 minutes. This contributed to the missed recording of short local
 14 trips, which were subsequently identified in the prompted recall interview. Trip distances
 15 were interpolated and applied to the trip database. In one survey, the participant
 16 rearranged the antenna, which may have contributed to equipment error. In the
 17 remaining three cases, the lack of data collection could not be discovered. In each case it
 18 occurred a few days following the start of the survey and the trackpoint memory was not
 19 exhausted. One explanation is that the participants may have disconnected and then
 20 reconnected the unit.

21 “Stopped to look at something” was the most frequent non-equipment related trip
 22 type. Given the rural context of the travel, the most common “something” was an animal
 23 adjacent to the roadway. The “forgot something round trip” presented a challenge to
 24 interpret because the beginning and end of the trip were in the same location and often
 25 not too far apart in time. Typically, participants who reported this trip type left their
 26 home and forgot something, so returned back to retrieve it. The Shadow Tracker
 27 software permitted viewing of travel point-by-point in chronological order; only then was
 28 the travel pattern evident.

29 In 16 instances, short passenger pick up and drop off trips were missed, a function
 30 of the 1 minute non-movement threshold. Participants identified instances where these
 31 trips were missed (and confirmed on the GIS when the non-movement threshold was
 32 lowered).

33

34 **Equipment performance**

35 The trackpoint memory was exhausted prior to equipment retrieval in five of the 50
 36 vehicle installations. In those cases, participants completed more than 10 hours of
 37 driving during the first few days of the study. The external battery was exhausted in only

1 six of the 50 surveys. An increased battery life and trackpoint memory would have
2 permitted a longer study.

3 **DISCUSSION**

4 There were a few caveats to this research. First, this research was not a survey of the
5 rural older person population rather a focus on a sample of the rural older driver
6 population and, by extent, a sample of their travel. The former would include all older
7 people, including non-drivers (institutionalized older people were sent the 2006 Census).
8 The sampled population reflects the attributes of its volunteers, including any bias that
9 resulted in their participation rather than choosing not to participate. While the number
10 of travel days sampled was not uniform for all participants due to equipment limitations,
11 this was not considered an issue since data analysis was conducted in terms of participant
12 averages per day. Any additional travel data would serve to refine those averages.
13 Sampling active rural older drivers also meant that the small (but undefined) population
14 of licensed non-drivers risked exclusion (though one participant was a licensed driver but
15 did no driving). The travel behaviour of non-licensed older people was excluded.

16 Second, this research focused on individual driver behaviour associated with a
17 specific vehicle. The vehicle that the participant normally drove was instrumented.
18 There were 13 participants who were part of a two vehicle, two person household
19 (minimum) where the other household member and their vehicle were not instrumented
20 (at their request). There were six participants that were part of a two vehicle, two person
21 household where one vehicle was considered the couples primary vehicle, with the
22 second vehicle a seasonal vehicle. The participants indicated they did not believe it
23 worthwhile to instrument the second vehicle given its low usage.

24 Third, it is possible that the knowledge of being observed may have affected
25 travel behaviour. Anecdotally, while several participants reported that they “forgot the
26 unit was even there”, the knowledge that speed and position data were being recorded
27 likely had some small impact on behaviour. Perhaps someone who typically exceeds the
28 speed limit displays compliant behaviour under observation. It is impossible to know the
29 exact impact or degree of behaviour modification. Nevertheless, when compared to
30 existing methods for travel data collection (primarily self-reported pen and paper survey),
31 the use of the GPS travel diary returns actual travel distances, routes, speeds and
32 locations. It is a far more accurate means of collecting travel information and provides
33 information on secondary and tertiary trips that take place enroute to a final destination,
34 which are often overlooked in pen and paper surveys.

35

36 **Lessons learned**

37 There are several lessons learned from employing the described research method to better
38 understand rural older drivers. The Shadow Tracker system (GPS units and GIS) were
39 appeared to be well-suited as a commercial-off-the-shelf solution to support the research
40 method, but with some modifications, the system would be better aligned with
41 conducting travel surveys instead of its fleet management function. A larger track point
42 memory would be valuable (currently only about 10 hours of driving at a 3 second
43 sampling rate) as would a longer battery life. Relying exclusively on the vehicle battery
44 to power GPS units is not recommended given the potential for missed short trips. The
45 inability to remove erroneous points from the Shadow Tracker GIS necessitated

1 exporting the data to another platform and in those cases made the Shadow Tracker
2 analysis tools useless.

3 Employing a pen and paper method of recording participant recall and stated
4 adaptation survey information ensured a “hard” copy of information, but introduced
5 possibilities of transcription errors. There would still have been potential for these errors
6 had an electronic entry method been used, however, these errors would be minimized by
7 eliminating a transcription step. Employing this traditional method was more a function
8 of the lack of readily available way to tie participant-supplied data with data collected
9 through Shadow Tracker.

10 The type and frequency of miscellaneous trips presents a challenge from a coding
11 perspective since they do not fit into typical categories such as “home” or “work”, but do
12 represent an important outcome of the method and a better understanding of what rural
13 people use their vehicles to do. An automated method to assign trip purposes by address
14 or land use would misinterpret those stops, or in some cases (depending on the non-
15 movement time threshold) would miss the stops completely. While “stopping to look at
16 something” may not be a critical transportation need, it highlights the uniqueness (and
17 wide spectrum) of transportation experiences in rural areas.

18 The methods described by this paper are replicable; however, the degree of
19 success is highly dependent on the ability of the researcher to understand the
20 communities of interest and to work with local groups and individuals. Advances in
21 satellite-based online mapping programs that permit one to view communities at a street
22 level could be a valuable means to garner a better understanding of a study area.

23 The dual issues of personal privacy and fitness to drive converge in studies such
24 as this, meaning that not every organization that has the interest to collect the data *should*
25 collect the data. Transportation agencies are in the best position to identify a need and use
26 for travel data, but the optics of being a regulator and planner could limit participation in
27 a GPS travel-diary survey, especially if the participant believes the data will be available
28 to enforcement agencies or insurance companies. In that case, services should be
29 procured from an independent source such as a university which can offer an arms-length
30 solution to collecting highly personal information, is subject to an ethics review board,
31 and can ensure participant data remains confidential.

32 **CONCLUSIONS**

33 The use of GPS travel diaries was an effective means to collect travel data on rural older
34 drivers. The Shadow Tracker J2 unit and associated Shadow Tracker Professional
35 software were highly effective in their roles of collecting data and presenting them to
36 participants in a meaningful and timely way. Participants successfully recalled the trip
37 purposes of 1481 of the 1494 recorded trips, which is a recall rate of 99.1%. The use of a
38 passive GPS and no participant interaction with the units minimized the potential for
39 tampering and reduced participant burden. Participants generally appreciated not having
40 to interact with the equipment. Travel data were collected on 60 participants representing
41 320 days of travel, which was approximately 5.3 days per person. This was a marked
42 improvement on previous 1 and 2 day studies.

43 Service clubs and snowball sampling were the most effective means of recruiting
44 participants and resulted in a sample with attributes (age, gender, employment status,
45 driving kilometres per year) not statistically different from the larger population from

1 which it was drawn. It was important, however, to communicate with seniors' advocacy
2 groups to inform them of the project and invite their participation. One challenge with
3 recruiting rural participants was that the larger advocacy organizations were often
4 headquartered in urban areas which reduced their ability to supply volunteers.

5 The use of a battery pack to compliment a vehicle's power supply to the GPS unit
6 was highly effective. The external battery was exhausted in only six of the 60 surveys
7 which minimized the typical acquisition delay of 1 – 2 minutes and potential missed trips
8 that could have occurred had the GPS unit power been tied to the vehicle ignition
9 exclusively. Only 33 of 1494 recorded trip ends (stops) were due to lost reception or
10 acquisition delay and in each case the missing distance data were interpolated. Future
11 GPS travel diary surveys should ensure a continuous power supply for the duration of the
12 survey, though this is complicated by the need for a small and portable survey method.

13 Jurisdictions with substantive rural populations should consider this method to
14 complement their rural transportation planning efforts, but should involve a third party
15 for the data collection and analysis to avoid perceptions of it being a government driving
16 assessment tool.

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