

**NB Chronic Obstructive  
Pulmonary Disease Health  
Information Platform  
(NB-CHIP)-  
Horizon Health Network  
HH04**

Compiled by: NB-IRDT Staff

## How to Obtain More Information

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## About This Codebook

This reference guide is intended for users of the New Brunswick Chronic Obstructive Pulmonary Disease (COPD) Health Information Platform (NB-CHIP) PD0042 data set, provided by the Horizon Regional Health Authority. PD0042 is one of two components of NB-CHIP and should be used in conjunction with PD0053: The Vitalité Health Regional Health Authority component.

This guide provides an overview of the data, the general methodology used in its creation, and important technical information. It contains operational procedures as well as table and field descriptions of variables in the data set. The development of this document is an ongoing process that will be updated with changes that occur in the NB-CHIP dataset.

This data product is provided 'as is,' and NB-IRDT makes no warranty, either express or implied, including but not limited to warranties of merchantability and fitness for a particular purpose. In no event will NB-IRDT be liable for any direct, special, indirect, consequential or other damages, however caused.

Due to the operational nature of administrative data sets, there is potential for discrepancies between the names of variables and their corresponding definitions. In the case of such a discrepancy, the variable definition should be considered the most accurate representation.

## Overview

The New Brunswick COPD Health Information Platform (NB-CHIP) was developed collaboratively by the New Brunswick Institute for Research, Data and Training (NB-IRDT), the New Brunswick Department of Health, and the New Brunswick Regional Health Authorities (RHAs): Horizon Health Network and Vitalité Health Network. NB-CHIP data is laboratory data collected during regular care practice. In New Brunswick, pulmonary function testing, including spirometry, is primarily completed by a Registered Respiratory Therapist (RRT) following referral by a physician. The NB-CHIP data set contains pulmonary function data obtained from test results.

### 1. Sample Universe

This data set contains all recorded pulmonary function tests from the following Horizon RHA 4 sites:

- Dr. Everett Chalmers Regional Hospital
- Miramichi Regional Hospital
- Saint John Regional Hospital
- The Moncton Hospital
- Upper River Valley Hospital

### 2. Date Range

January 2007- December 2017

### 3. Data Source

Horizon Health Network  
NB-IRDT

### 4. How to Cite this Codebook

New Brunswick Institute for Research, Data and Training. (2020). NB Chronic Obstructive Pulmonary Disease Health Information Platform (NB-CHIP) – Horizon Health Network Codebook for Years 2007-2017. Fredericton, NB: New Brunswick Institute for Research, Data and Training.

### 5. Acknowledgements

NB-CHIP data is used with the permission of Vitalité Health Network and Horizon Health Network. Funding to create NB-CHIP was provided in part by the Maritime SPOR SUPPORT Unit, the New Brunswick Health Research Foundation, and AstraZeneca.

## About this Product

### 6. Purpose of the Product

The purpose of the NB-CHIP data set reference guide is to provide information on the linkable pulmonary function data held at the New Brunswick Institute for Research, Data and Training (NB-IRDT). This data is accessible to researchers and is particularly relevant for research areas related to public health, epidemiology, and chronic diseases, as well as for the development of population estimates and projections.

### 7. Content

This version of the NB-CHIP dataset contains 6 groups of data elements:

Group	Description
1	Demographic information
2	Physical characteristics
3	Clinical information
4	Smoking information
5	Test administration info
6	Pulmonary function test results

Each group includes the name, type (character or numeric), length, label, and count of non-missing values of the data elements.

## General Methodology

Spirometry is a shortened version of a full pulmonary function test (PFT) that measures how much air a patient is able to fully inhale and fully exhale with maximum effort. In order for a patient to be referred for a PFT, they usually present to their primary care physician with complaints of a lingering cough, a cold that won't go away, etc. Lesser numbers of PFTs come from hospital in-patient referrals by respiratory therapists. Healthcare professionals may suggest PFTs if signs and symptoms lead them to suspect chronic lung conditions such as

- Asthma,
- COPD, or
- Pulmonary fibrosis.

When a patient receives the test date, they are asked to withhold from using all puffers for four hours prior to testing. They arrive at the testing site and are weighed and measured (used to calculate reference values) and are asked questions about smoking habits, medications, shortness of breath, cough, and other health indicators. The patient is then given instruction on how to perform the test. Some patients require much coaching to inhale maximally and forcefully exhale; PFTs are effort dependent and require skill in coaching the patient to obtain the best results.

Airflow rates and volumes are recorded prior to and following the administration of a bronchodilator to determine if the patient has any improvement in air flow rates due to the bronchodilator. Bronchodilators are used during PFTs because they open the airways (allowing for more airflow), and as such interpretations and diagnoses are always made based on these "post" (or after) values. Major differences in pre/post bronchodilator values are essential in the diagnostic process, allowing for differential diagnoses of obstructive (asthma, COPD) or restrictive (pneumonia) airflow limitations. Obstructive airflow limitations are partially reversible, and as such are sensitive to the application of bronchodilators. The degree of responsiveness to a bronchodilator, as described in the change between pre/post values, can also help (though not definitively) in differentiation between different obstructive disorders such as asthma and COPD.

PFTs are administered in labs throughout NB, and results are stored in specific systems (Breeze, VMax) locally. Staff from the RHAs coordinate the collation and comparability of the two distinct data sets. Upon arrival at NB-IRDT, the two data sets are combined by staff into a single file for storage on the NB-IRDT platform. NB-IRDT then stores the data securely for authorized access for researchers.

## Technical Specifications

### 8. Demographic Information

Variable Name	Type	Length	Label	Mandatory/optional
<b>Age</b>	Num	8	Age	Derived from DOB
<b>Birthdate</b>	Num	8	Date of birth	M
<b>Gender</b>	Char	6	Gender at birth	M
<b>Race</b>	Char	21	Race	O

The type 'Num' refers to numeric values while 'Char' refers to both alphabetic and numeric characters.

#### Age

Patient's calculated age at time of PFT

#### Date of Birth

Patient's date of birth in the format DD/MM/YYYY

#### Gender at Birth

Gender at birth, not identified gender

Gender at birth is required, as size of chest affects the predicted values, and size of chest is dictated by genetics. Selected by therapist from list:

---

#### Code

**Female**

**Male**

---

#### Race

Patient's race/ethnicity

---

#### Code

**Caucasian**

**Black**

**Asian**

**Hispanic**

**African-American**

**Hispanic-American**

**Blank**

---

## 9. Physical Characteristics

Variable Name	Type	Length	Label	Mandatory/optional
<b>Height</b>	Num	8	Height	M
<b>Weight</b>	Num	8	Weight	M
<b>BMI</b>	Num	8	BMI	M (Derived)

The type 'Num' refers to numeric values while 'Char' refers to both alphabetic and numeric characters.

### Height

Patient's height in centimeters. If the patient cannot stand, arm span is an accepted alternative, as it closely matches height.

### Weight

Patient's weight in kilograms

### BMI

Patient's body mass index, calculated from height and weight input

## 10. Clinical Information

Variable Name	Type	Length	Label	Mandatory/optional
<b>Cough</b>	Char	7	Cough	<input type="radio"/>
<b>Diagnosis</b>	Char	255	Diagnosis	<input type="radio"/>
<b>DyspneaExercise</b>	Char	7	Dyspnea Exercise	<input type="radio"/>
<b>DyspneaRest</b>	Char	7	Dyspnea Rest	<input type="radio"/>
<b>Productive</b>	Char	7	Productive	<input type="radio"/>
<b>Medications1_3</b>	Char	255	Medications 1-3	<input type="radio"/>
<b>Medications4_5</b>	Char	255	Medications 4-5	<input type="radio"/>

The type 'Num' refers to numeric values while 'Char' refers to both alphabetic and numeric characters.

### Cough

Patient-reported cough

Code
<b>Yes</b>
<b>No</b>

### Diagnosis

Free text

Therapist input. Some locations use physician-provided diagnosis, other locations use patient-reported reason for referral. May not accurately reflect true diagnosis.

**Dyspnea Exercise**

Shortness of breath with exertion, patient-reported

---

<b>Code</b>
<b>Yes</b>
<b>No</b>

---

**Dyspnea Rest**

Shortness of breath at rest, patient-reported

---

<b>Code</b>
<b>Yes</b>
<b>No</b>

---

**Medications 1-3**

Therapist entered from patient interview

**Medications 4-5**

Therapist entered from patient interview

**Productive**

Defines if the patient produces daily phlegm, patient-reported

---

<b>Code</b>
<b>Yes</b>
<b>No</b>

---

## 11. Patient reported smoking information

Variable Name	Type	Length	Label	Mandatory/optional
<b>Cigarettes</b>	Char	7	Cigarettes	<input type="radio"/>
<b>Smoker</b>	Char	7	Ever smoked	<input type="radio"/>
<b>PackYrs</b>	Num	8	Pack Years	<input type="radio"/>
<b>Quit</b>	Char	7	Quit	<input type="radio"/>
<b>Stopped</b>	Num	8	Years Quit	<input type="radio"/>

The type 'Num' refers to numeric values while 'Char' refers to both alphabetic and numeric characters.

### Cigarettes

Does the patient smoke cigarettes specifically

---

#### Code

**Yes**

**No**

---

### Ever Smoked

Has the patient ever smoked

---

#### Code

**Yes**

**No**

---

### Pack Years

Standard way to quantify smoking. Product of years smoked and packs per day.

### Quit

Has the patient quit smoking?

---

#### Code

**Yes**

**No**

---

### Years Quit

Number of years the patient been tobacco free

## 12. Test Administration Information

Variable Name	Type	Length	Description	Mandatory/optional
<b>Room</b>	Char	21	Room	O
<b>testdate</b>	Num	8	Test date	M
<b>fac</b>	Num	8	Facility Code	M
<b>fac_desc</b>	Char	50	Facility Description	M

The type 'Num' refers to numeric values while 'Char' refers to both alphabetic and numeric characters.

### Room

Location test was administered. Time is often used as an additional field for capturing data and often does not contain a location.

### Test date

System stamped date

### Facility Code & Description

The facility where test was administered

Facility Code	Facility Description
	Dr. Everett Chalmers Regional Hospital
	Miramichi Regional Hospital
	Saint John Regional Hospital
	The Moncton Hospital
	Upper River Valley Hospital (Waterville)
	Dr. Everett Chalmers Regional Hospital
	Centre hospitalier universitaire Dr-Georges-L.-Dumont
	Hôpital régional de Campbellton
	Hôpital régional Chaleur3
	Hôpital régional d'Edmundston

## 13. Spirometry Results Information

### 14.

Variable Name	Type	Length	Description	Mandatory/optional
<b>_2575_perchg</b>	Num	8	PEF 25-75% (% change)	M
<b>_2575Post</b>	Num	8	PEF 25-75% (ref)	M
<b>_2575Post_per</b>	Num	8	PEF 25-75% (post % ref)	M
<b>_2575Pre</b>	Num	8	PEF 25-75% (pre)	M

<b>_2575Pre_per</b>	Num	8	PEF 25-75% (post)	M
<b>_2575Ref</b>	Num	8	PEF 25-75% (% ref)	M
<b>DLCO</b>	Num	8	DLCO	O
<b>DLCO_perRef</b>	Num	8	DLCO (% ref)	O
<b>DLCO_VA</b>	Num	8	DLCO/VA	O
<b>DLCO_VA_perRef</b>	Num	8	DLCO/VA (% ref)	O
<b>DLCO_VARef</b>	Num	8	DLCO/VA (REF)	O
<b>DLCORef</b>	Num	8	DLCO (ref)	O
<b>ERV</b>	Num	8	ERV	O
<b>ERV_perRef</b>	Num	8	ERV (% ref)	O
<b>ERVRef</b>	Num	8	ERV (ref)	O
<b>FET100_perchg</b>	Num	8	FET100% (% change)	M
<b>FET100_perPost</b>	Num	8	FET100% (post % ref)	M
<b>FET100_perPre</b>	Num	8	FET100% (% ref)	M
<b>FEV1_FVC_perchg</b>	Num	8	FEV1/FVC (% change)	O
<b>FEV1_FVCPost</b>	Num	8	FEV1/FVC (post)	O
<b>FEV1_FVCPost_per</b>	Num	8	FEV1/FVC (post % ref)	O
<b>FEV1_FVCPre</b>	Num	8	FEV1/FVC (pre)	M
<b>FEV1_FVCPre_per</b>	Num	8	FEV1/FVC (ref)	M
<b>FEV1_FVCRef</b>	Num	8	FEV1/FVC (% ref)	M
<b>FEV1_perchg</b>	Num	8	FEV1 (% change)	O
<b>FEV1_perRef</b>	Num	8	FEV1 (% ref)	M
<b>FEV1Post</b>	Num	8	FEV1 (post)	O
<b>FEV1Post_per</b>	Num	8	FEV1 (post % ref)	O
<b>FEV1Pre</b>	Num	8	FEV1 (pre)	M
<b>FEV1Ref</b>	Num	8	FEV1 (ref)	M
<b>FRC</b>	Num	8	FRC	O
<b>FRC_perRef</b>	Num	8	FRC (% ref)	O
<b>FRCRef</b>	Num	8	FRC (ref)	O
<b>FVC_perChg</b>	Num	8	FVC (% change)	M
<b>FVCPost</b>	Num	8	FVC (post)	M
<b>FVCPost_per</b>	Num	8	FVC (post % ref)	M
<b>FVCPre</b>	Num	8	FVC (pre)	M
<b>FVCPre_per</b>	Num	8	FVC (% ref)	M
<b>FVCRef</b>	Num	8	FVC (ref)	M
<b>IC</b>	Num	8	IC	O
<b>IC_perRef</b>	Num	8	IC (% ref)	O
<b>ICRef</b>	Num	8	IC (ref)	O
<b>PEF_perchg</b>	Num	8	PEF (% change)	M

<b>PEFPost</b>	Num	8	PEF (Post)	M
<b>PEFPost_per</b>	Num	8	PEF (post % ref)	M
<b>PEFPre</b>	Num	8	PEF (Pre)	M
<b>PEFPre_per</b>	Num	8	PEF (% ref)	M
<b>PEFRef</b>	Num	8	PEF (Ref)	M
<b>PIFPost</b>	Num	8	PIF (Post)	M
<b>PIFPre</b>	Num	8	PIF (Pre)	M
<b>RV</b>	Num	8	RV	O
<b>RV_perRef</b>	Num	8	RV (% ref)	O
<b>RV_TLC</b>	Num	8	RV/TLC	O
<b>RV_TLC_perRef</b>	Num	8	RV/TLC (% ref)	O
<b>RV_TLCRef</b>	Num	8	RV/TLC (Ref)	O
<b>RVRef</b>	Num	8	RV (Ref)	O
<b>TLC</b>	Num	8	TLC	O
<b>TLC_perRef</b>	Num	8	TLC (% ref)	O
<b>TLCRef</b>	Num	8	TLC (Ref)	O
<b>VA</b>	Num	8	VA	O
<b>VA_perRef</b>	Num	8	VA (% ref)	O
<b>VARef</b>	Num	8	VA (REF)	O
<b>VC</b>	Num	8	VC (SVC)	O
<b>VC_perRef</b>	Num	8	VC (% ref)	O
<b>VCRef</b>	Num	8	VC (REF)	O

**Pre:** measured value. Observed values generated from the initial PFT which occurs prior to the application of a bronchodilator

**Post:** measured value. Observed values generated from the second PFT, which occurs following the application of a bronchodilator

**Ref:** System stored values. Predicted values based off of age, sex, race, and BMI

**Pre\_per:** System generated value  $(\text{Pre value} / \text{Ref value}) * 100$ . Describes the difference between the pre value and reference value.

**Post\_per:** System generated value  $(\text{Post value} / \text{Ref value}) * 100$ . Describes the difference between the pre value and reference value.

**perRef:** System generated value  $(\text{Pre value} / \text{Ref value}) * 100$ . Describes the difference between the pre value and reference value. (Same as Pre\_per, but for measured variables where no bronchodilator is applied)

**perChg:** System generated value. Describes the percent change between pre and post values.

---

**perRef= System generated value (value/ reference value)\*100. Describes the difference between measured value and expected value**

---

The type 'Num' refers to numeric values while 'Char' refers to both alphabetic and numeric characters.

**\_25-75% (FEF/PEF)**

Forced (or Peak in Breeze) expiratory flow over the middle ½ of the FVC, measured in liters/second

**DLCO (Diffusing capacity of lung for carbon monoxide: Pre, ref, %ref)**

Absolute diffusion capacity independent of actual lung volumes

**DLCO\_VA (diffusion capacity/ alveolar volume)**

Ratio of diffusion capacity with respect to alveolar volume

**ERV (Pre, ref, %ref)**

Expiratory reserve volume, measured in liters

**FET100%**

Forced expiratory time (length of time to fully exhale), measured in seconds

**FEV1 (Pre, ref, %ref, post, %post ref, % change)**

Forced exhaled volume in the first second, measured in liters

**FVC (Pre, ref, %ref, post, %post ref, % change)**

Forced vital capacity, measured in liters

**FEV1 (Pre, ref, %ref, post, %post ref, % change)**

Forced exhaled volume in the first second divided by total lung capacity. Indicates the amount of air that the patient can forcefully exhale in the first second of testing. Reflective of obstruction of airflow.

**FRC (Pre, ref, %ref)**

Functional residual capacity, measured in liters

**IC (Pre, ref, %ref)**

Inspiratory capacity, measured in liters

**PEF [referred to as FEF in Breeze] (Pre, ref, %ref, post, %post ref, % change, 25-75%)**

Peak expiratory flow, measured in liters/second

**PIF (Pre, Post)**

Peak inspiratory flow, measured in liters/second

**RV (Pre, ref, %ref)**

Residual volume, measured in liters

The amount left in the lungs at the end of a complete exhaustion

**RV/TLC (Pre, ref, %ref)**

Residual volume as a percentage of the total lung capacity

**TLC (Pre, ref, %ref)**

Total lung capacity, measured in liters. Total amount of air that can be stored in the lungs.

**VA (Pre, ref, %ref)**

Alveolar volume measured in liters

**VC (SVC) (Pre, ref, %ref)**

Vital capacity (taken from slow vital capacity during testing), measured in liters.

The amount of air that can be blown out in a slow exhalation, from full inhalation to full exhalation.

## Document History

Version	Author	Nature of Change	Date
1.0	Kyle Rogers & Keri Clark	Creation of Document	12-5-2020
1.1	Meg Pike	Review of document and formatting	01-28-2022
1.2	Meg Pike	Final review before posting	06-15-2022