

Energizing the student experience.

UNB CO-CURRICULAR PROGRAM



WHAT IS THE CO-CURRICULAR PROGRAM (CCP)?

Showcase your whole university experience! The CCP is based around six learning themes: Career Development, Global & Cultural Awareness, Personal Development, Leadership & Entrepreneurship, Civic/Social Responsibility, and Proudly UNB. The program is self-paced and can be completed throughout your time at UNB.

WHAT IS A CO-CURRICULAR ACTIVITY?

A co-curricular activity can be anything that is an extension of your formal learning and contributes to your overall life experience. Volunteering at a local charity, attending a workshop or lecture, taking a yoga class, acting in a play, or tutoring a classmate are all examples of co-curricular activities.

THE CO-CURRICULAR PROGRAM WILL:

- enrich your university experience beyond the classroom
- complement your degree and personalize your experience
- demonstrate personal, professional and people skills to employers and graduate schools

HOW TO GET STARTED?

You can sign up for the CCP on your D2L/Brightspace homepage.

QUESTIONS?

Please contact one of the program coordinators:

Saint John Campus:

ccpsj@unb.ca

Fredericton Campus:

ccpfr@unb.ca

 /UNBCoCurricularProgram
unb.ca/initiatives/ccp





CAREER DEVELOPMENT

involves exploring career options, crafting a plan for your future, and gaining meaningful experience to kick-start your career or entry into graduate and/or professional school.



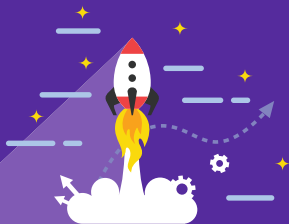
GLOBAL and CULTURAL AWARENESS

is the understanding of your place in the world as a global citizen. Engaging with diverse perspectives, values, cultures, environmental and social issues, and creative and artistic outlets fosters this awareness.



PERSONAL DEVELOPMENT

is a life-long process of exploring and articulating your beliefs and values, identifying and enhancing your skills and abilities, and striving for personal balance: healthy mind, body, and spirit.



LEADERSHIP and ENTREPRENEURSHIP

is about exploring and developing your leadership style, creating opportunities for yourself and others, and participating in meaningful leadership roles. You will learn to lead others, and lead with others, toward a common goal.



CIVIC and SOCIAL RESPONSIBILITY

will challenge you to take an active role in community life. Engaged citizens participate in democratic processes, seek to understand social issues, and make a difference in the community through social action.



PROUDLY UNB

is all about discovering and enhancing your sense of belonging at UNB. You will be engaged and contribute to the spirit and purpose of our university.