

The Human Rights and Positive Environment Office of the University of New Brunswick

In an effort to support the UNB community, the Human Rights and Positive Environment Office has gathered a compilation of works and resources that is aimed at students as well as academic and non-academic staff. We especially hope that white folks, wanting to be better educated about racism here in Canada and beyond, will spend some time with these in order to be effective allies in the fight against racism. We've drawn heavily on compilations shared with us, including lists compiled by *Hanna Jacobsen*, as well as Sarah Sophie Flicker and Alyssa Klein. Having added several suggestions of our own, will continue to gather, collate, and annotate resources to add to this expanding compendium.

If you have a recommendation that you would like to see added you can contact HRPEO Communications at csquires@unb.ca

Online Tools:

- Canadian Centre for Diversity & Inclusion – www.ccdi.ca
 - The [CCDI Race and Anti-Racism Resource Guide](#)

Books:

- [The Equity Myth: Racialization and Indigeneity at Canadian Universities](#) Frances Henry, Enakshi Dua, Carl E. James, Audrey Kobayashi, Peter Li
- [The Skin We're In: A Year of Black Resistance and Power](#) by Desmond Cole
- [Policing Black Lives: State Violence in Canada from Slavery to the Present](#) by Robyn Maynard
- [Why Are All the Black Kids Sitting Together in the Cafeteria? And Other Conversations About Race](#) by Beverly Daniel Tatum
- [Coretta Scott King Book Award Winners: books for children and young adults](#)
- [31 Children's books to support conversations on race, racism and resistance](#)
- [Black Feminist Thought](#) by Patricia Hill Collins
- [Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Dr. Brittney Cooper
- [Heavy: An American Memoir](#) by Kiese Laymon
- [How To Be An Antiracist](#) by Dr. Ibram X. Kendi
- [I Know Why the Caged Bird Sings](#) by Maya Angelou
- [Just Mercy](#) by Bryan Stevenson
- [Me and White Supremacy](#) by Layla F. Saad
- [Raising Our Hands](#) by Jenna Arnold
- [Redefining Realness](#) by Janet Mock
- [Sister Outsider](#) by Audre Lorde
- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [The Bluest Eye](#) by Toni Morrison

- [The Fire Next Time](#) by James Baldwin
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
- [The Next American Revolution: Sustainable Activism for the Twenty-First Century](#) by Grace Lee Boggs
- [The Warmth of Other Suns](#) by Isabel Wilkerson
- [Their Eyes Were Watching God](#) by Zora Neale Hurston
- [This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherríe Moraga
- [When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America](#) by Ira Katznelson
- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD

Podcasts:

- [1619 \(New York Times\)](#)
- [About Race](#)
- [Code Switch \(NPR\)](#)
- [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [Seeing White](#)
- [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
- [Fare of the Free Child podcast](#)
- [Integrated Schools podcast episode "Raising White Kids with Jennifer Harvey"](#)

Films and TV series to watch:

- [13th \(Ava DuVernay\)](#) — Netflix
- [American Son \(Kenny Leon\)](#) — Netflix
- [Black Power Mixtape: 1967-1975](#) — Available to rent
- [Blindspotting \(Carlos López Estrada\)](#) — Hulu with Cinemax or available to rent
- [Clemency \(Chinonye Chukwu\)](#) — Available to rent
- [Dear White People \(Justin Simien\)](#) — Netflix
- [Fruitvale Station \(Ryan Coogler\)](#) — Available to rent
- [I Am Not Your Negro \(James Baldwin doc\)](#) — Available to rent or on Kanopy
- [If Beale Street Could Talk \(Barry Jenkins\)](#) — Hulu
- [Just Mercy \(Destin Daniel Cretton\)](#) — Available to rent for free in June in the U.S.

- King In The Wilderness — HBO
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent
- The Black Panthers: Vanguard of the Revolution — Available to rent
- The Hate U Give (George Tillman Jr.) — Hulu with Cinemax
- When They See Us (Ava DuVernay) — Netflix

Online Videos:

- [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers \(50:48\)](#)
- ["How Studying Privilege Systems Can Strengthen Compassion"](#) | Peggy McIntosh at TEDxTimberlaneSchools (18:26)

Articles:

- ["America's Racial Contract Is Killing Us"](#) by Adam Serwer | Atlantic (May 8, 2020)
- [Ella Baker and the Black Freedom Movement \(Mentoring a New Generation of Activists\)](#)
- ["My Life as an Undocumented Immigrant"](#) by Jose Antonio Vargas | NYT Mag (June 22, 2011)
- [The 1619 Project \(all the articles\)](#) | The New York Times Magazine
- [The Combahee River Collective Statement](#)
- ["The Intersectionality Wars"](#) by Jane Coaston | Vox (May 28, 2019)
- [Tips for Creating Effective White Caucus Groups](#) developed by Craig Elliott PhD
- ["Where do I donate? Why is the uprising violent? Should I go protest?"](#) by Courtney Martin (June 1, 2020)
- ["White Privilege: Unpacking the Invisible Knapsack"](#) by Knapsack Peggy McIntosh
- ["Who Gets to Be Afraid in America?"](#) by Dr. Ibram X. Kendi | Atlantic (May 12, 2020)

Organizations to follow on social media:

- Antiracism Center: [Twitter](#)
- Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Black Women's Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
- Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#)
- MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)

- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
- RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
- SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
- United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)

History and Context: Anti-Black Racism in Education

- <https://rsc-src.ca/en/voices/crisis-anti-black-racism-in-schools-persists-across-generations>
- <https://thewalrus.ca/canadian-education-is-steeped-in-anti-black-racism/>
- <https://www.aaihs.org/race-and-racism-at-canadian-universities/>
- Black student arrested, incarcerated and criminally charged at the University of Windsor: <https://exposeuwindsor.com/narrative/>
- Use of the n-word and other examples of anti-Black racism at multiple universities: <https://byblacks.com/main-menu-mobile/opinion-mobile/2514-can-we-talk-about-canada-s-racism-problem-at-universities>
- Anti-Black racism at the University of British Columbia: <https://www.ubyssey.ca/news/exposing-anti-black-racism-in-vancouver-event-recap/>
- Carding of black student at the University of Ottawa: <https://ottawacitizen.com/opinion/columnists/elghawaby-carding-of-black-student-at-uottawa-should-never-have-happened>
- White supremacist graffiti at the University of Victoria: <https://www.martlet.ca/art-project-challenging-white-supremacy-draws-questions-critics/>
- Black professor facing racism and harassment at York University: <https://www.thestar.com/opinion/2020/02/18/humiliation-and-isolation-black-professor-at-york-university-alleges-racism-and-harassment.html>
- Racism at the University of Toronto and other institutions: <https://www.macleans.ca/opinion/massey-college-and-insidious-racism-on-canadian-campuses/>

Educational Resources for Students & Educators:

- Campus Tool-kit for Combatting Racism (Canadian Federation of Students): <https://cfs-fcee.ca/wp-content/uploads/2019/07/Anti-Racism-Toolkit-Final-1.pdf>
- Webinar on Addressing Anti-Black Racism in Education (OISE): https://www.oise.utoronto.ca/cld/Past_Events.html

For Parents:

- Your Kids Aren't Too Young to Talk About Race: Resource Roundup
<https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>
- [Raising White Kids](#) by Jennifer Harvey

And more...

- Being an Ally: <https://guidetoallyship.com>
- 26 Ways to Be in the Struggle:
https://issuu.com/nlc.sf.2014/docs/beyondthestreets_final
- Donate to a community bail fund for protestors in the United States:
https://secure.actblue.com/donate/bail_funds_george_floyd
- Support the Black Lives Matter movement – Toronto
<https://blacklivesmatter.ca/donate/>
- Follow the links to donate, sign petitions and take action here:
<https://blacklivesmatters.carrd.co/>
<https://www.change.org/p/justice-for-regis-korchinski-paquet>
- Engage local officials when necessary, such as the call for immediate public inquest into the death of Regis Korchinski-Paquet in Toronto, through calls, emails, texts.
- [75 Things White People Can Do for Racial Justice](#)
- [Anti-Racism Project](#)
- [Jenna Arnold's resources \(books and people to follow\)](#)
- [Rachel Ricketts' anti-racism resources](#)
- [Resources for White People to Learn and Talk About Race and Racism](#)
- [Save the Tears: White Woman's Guide by Tatiana Mac](#)
- [Showing Up For Racial Justice's educational toolkits](#)
- [The \[White\] Shift on Instagram](#)
- ["Why is this happening?" — an introduction to police brutality from 100 Year Hoodie](#)
- [Zinn Education Project's teaching materials](#)
- **Keep Going.** Connect with your colleagues, family and friends.
- Some advice from Ally Henny, Black Author & Speaker from Missouri who engages the public on topics such as race, racial healing, and racial conciliation:
Twitter [@thearmchaircom](#) | Facebook [@allyhennypage](#)
Insta [@allyhenny_](#) | Patreon: [Ally Henny](#)
 1. Listen to people of color share their experiences.
 2. Educate yourself. That means reading books and connecting with anti-racist resources.
 3. Pay reparations to individual POC that have expanded their emotional labor dealing with your privilege. Pay reparations to POC institutions. Pay activists and content creators for your education.

4. Disrupt the racism that you see from your fellow people of whiteness. Tell people that they're being racist. Refuse to entertain insensitive talk anywhere, including this app.
5. Get uncomfortable. Put yourself in situations with people who are not afraid to speak their truth to you.
6. Do the work. Dedicate time and energy to learning to deal with your whiteness. Since you were born, you have been exposed to a lot of negative ideas about people of color. It is going to take a lot of time to dismantle the things that you thought were normal and okay.
7. Be ready to be offended and to have your feelings hurt. People are tired of being oppressed and a lot of folks are gonna let you have it right now. Will you learn or will you retreat into comfort.
8. Listen to people of color who you might not necessarily agree with rather than defaulting to the same voices that don't challenge whiteness.
9. Don't demand emotional labor from your black, brown, and indigenous friends. Especially right now. Take whatever they have to offer and don't make demands upon them.
10. Manage your white tears. Your eyes are being opened to the injustice in the world and that's a good thing. But your black, brown, and indigenous friends should not have to wipe your tears when they're too busy wiping their own.

Acknowledge. Support. Uplift. Amplify.