



UNB is committed to supporting the health and wellbeing of you and your family. Our benefits program offers support and resources for your physical, mental, and financial wellbeing. Each year, the Fringe Benefit Review Committee reviews our benefits program and approves changes for the upcoming year. The changes and new features are shared in this bulletin.

The following rate changes will be effective July 1, 2022.

Benefit	Impact To New Monthly Rates
UNB Extended Health	<p>20.3% increase to the current rates (\$57.90 Single / \$123.05 Family)</p> <p>Termination of Coverage for all members: Upon death of member</p>
UNB Emergency Travel	<p>14.4% decrease to the current rates (\$6.53 Single / \$13.06 Family)</p> <p>Termination of Coverage for all members: Upon death of member</p>
UNB Prescription Drugs	<p>28.1% increase to the current rates (\$77.06 Single / \$169.32 Family)</p> <p>Termination of Coverage for AUNBT Factor 85: June 30th following retirees 65th Birthday</p>
UNB Dental Care	<p>19.1% increase to the current rates (\$42.75 Single / \$111.41 Family)</p> <p>Termination of Coverage for AUNBT Factor 85: June 30th following retirees 65th Birthday</p>
UNB Life Insurance Basic & Family Protection Benefit	<p>No Change to current rates (\$0.111 Single / \$0.302 Dependent / \$0.584 Family per \$1,000 of coverage)</p> <p>Termination of Coverage for AUNBT Factor 85:</p>

IMPORTANT DATES TO REMEMBER

July 1, 2022:

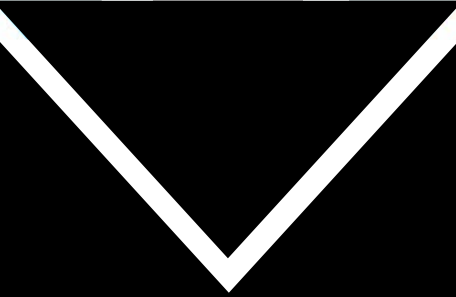
New benefit rates are effective and will be reflected on July premium payments.

EQ Care is now called TELUS Health Virtual Care. It is in year 2 of the 2-year trial program at no cost to members.

UNB has just launched its new Mental Health Resource Website. It provides helpful resources for those looking to stay healthy to those who may be looking for help with their mental health.

<https://mentalhealth.ca.gobenefits.net/unb/>





IMPORTANT RESOURCES

Access your health and dental benefits through the Medavie Blue Cross mobile app, plan member site, or by calling 1.800.667.4511.

Medavie Blue Cross is the best point of contact regarding details on your health and dental coverages.

www.medaviebc.ca

Benefit plan year in review

This year has been notable for large increases in benefit costs of Health, Drug and Dental as well as Life. Through the use of rate stabilization reserves, we have been able to keep the benefit rates for life insurance unchanged from the prior year rates. Without the use of the reserve funds, rates would have increased by 39% for life insurance.

Historical Rates

Over the past 4 years life rates have been at historically low levels. Without the use of the reserve funds, life rates would be similar to 2017.

Dental rates have returned to 2017 rates and Drug and Health rates are close to 2017 rates after 4 years of lower rates.

DID YOU KNOW?

The Fringe Benefits Review Committee (FBRC), comprised of employee representatives from each of the employee groups, including a representative from the UNB Retired Employees Association (UNBREA), along with members from UNB administration, meet regularly to review and approve all changes made to the employee benefit plans.

Once your UNB drug and dental coverage terminates, you could potentially have three different Medavie Blue Cross cards. It is important to use the proper card based on the coverage that you require. Each will have their own unique identifier.

THINGS TO REMEMBER

Ensure your **contact information** is kept up-to-date. This is important for your benefit plans as well as your pension.

- To update your contact information for UNB benefits or the faculty pension plan please contact people@unb.ca.
- To update your contact information for other benefit coverages outside of the UNB plans, you will need to contact your provider directly.
- To update your contact information for a pension you are receiving from Vestcor, you will need to contact them directly. Their details can be found at www.vestcor.org.

If you are **approaching your Normal Retirement Date**, depending on your retirement status, you should be aware that your current benefit coverage will change. If you are beyond this point, there are no future changes unless initiated by yourself.

If you have **coverage dependents** who are eligible to continue their coverage on your benefit plan, remember to submit your annual coverage dependent form by August.