



Yoga Instructor

UNB Recreation Services' (UREC) is dedicated to DELIVERING high calibre programs and services rooted in recreation and guided by wellness, INCREASING THE QUALITY OF LIFE of all our patrons through engaging recreational opportunities that stimulate the body, mind and spirit, and ADVOCATING a healthy and active lifestyle that is accessible and attainable regardless of age or ability.

JOB TITLE: Yoga Instructor

PROGRAM: UREC/Faculty of Kinesiology

SUPERVISOR: Lauren Rogers, Manager of Fitness & Wellness

JOB DESCRIPTION: Recreation Services is searching for qualified yoga teachers to lead fitness or active-based programs to participants (students, faculty, staff, community members).

- Organize and facilitate a well-designed, balanced and safe class.
- Teach to a variety of ages and fitness levels.
- First responder to any medical emergencies that occur.
- Flexible schedule as evening and weekend work will be required.
- Participate and attend all staff training.

QUALIFICATIONS:

Yoga certification (minimum 200 hour)

CPR and AED Certification

Valid Vulnerable Sector check

Minimum 1 year teaching experience

Experience working in other fitness centres is an asset

Other training & certifications are considered an asset

EMPLOYMENT: Part time term position from January 4th, 2022 – April 30th, 2022 with the possibility of renewal.

SALARY: To commensurate with certification and training.

CONTACT: Lauren Rogers, lrogers@unb.ca, 447-3104

Please submit cover letter & resume (including two references) in person to the Membership Services Office (Information desk) on the ground floor of The Richard J. CURRIE CENTER (attn.: Lauren Rogers) or as an attachment via email to lrogers@unb.ca. The deadline to apply is November 8th, 2021.