

Swimming Lesson Conversion Chart

NB: Levels in the same row are equivalent. If your child has successfully completed a level in another program, identify the equivalent level in the Swim For Life program and register for the level above.

Any child who has not previously completed swimming lessons and is between the ages of 3 and 5 should register for our Preschool program.

Children under the age of 3 who are not ready to enter the water by themselves should register in the Parent & Tot class. This is a parented class and one parent must enter the water with the child.

UNB/Lifesaving Society Swim For Life	Red Cross Swim Kids	YMCA
Parent & Tot	Starfish, Duck, Sea Turtle	Splashers, Bubblers
Preschool 1	Sea Otter	Bobbers
Preschool 2	Sea Otter	Bobbers
Preschool 3	Salamander	Floaters
Preschool 4	Sunfish	Floaters
Preschool 5	Crocodile, Whale	Floaters
Swimmer 1	Swim Kids 1, Sea Otter, Salamander	Otter, Seal
Swimmer 2	Swim Kids 2-3, Sunfish	Dolphin
Swimmer 3	Swim Kids 4, Crocodile, Whale	Swimmer
Swimmer 4	Swim Kids 5	Star 1
Swimmer 5	Swim Kids 6	Star 2
Swimmer 6	Swim Kids 7	Star 3
Rookie Patrol	Swim Kids 8	Star 4
Ranger Patrol	Swim Kids 9	Star 5
Star Patrol	Swim Kids 10	Star 6 – Master Swimmer