

WINTER 2021
JAN. 4 - APRIL 25

SMA POOL SCHEDULE

Our team is committed to finding balance between providing the safest environment possible and ensuring an enjoyable experience for everyone. At this time, we request that all members book a swim time, either online or by phone, in advance of accessing the SMA Pool at the Lady Beaverbrook Gymnasium. Bookings may be completed up to 4 days in advance.

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
8:00 AM - 8:45 AM	LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		
9:00 AM - 9:45 AM	LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		
9:30 AM - 10:15 AM							LAP SWIM ONLY
9:45 AM - 10:30 AM						LAP SWIM / DIVE TANK	
10:00 AM - 10:45 AM	LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		
10:30 AM - 11:15 AM							LAP SWIM ONLY
10:45 AM - 11:30 AM		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK	
11:15 AM - 12:00 PM	LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		
11:45 AM - 12:30 PM		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK			
12:00 PM - 12:45 PM						LAP SWIM / DIVE TANK	
12:15 PM - 1:00 PM	LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		LAP SWIM / DIVE TANK		
12:45 PM - 1:30 PM		LAP SWIM/DIVE TANK		LAP SWIM / DIVE TANK			
1:00 PM - 1:45 PM						LAP SWIM / DIVE TANK	
1:15PM - 2:00 PM			LAP SWIM / DIVE TANK				
2:00 PM - 2:45 PM						LAP SWIM / DIVE TANK	LAP SWIM / DIVE TANK
3:30 PM - 4:15 PM	LAP SWIM/DIVE TANK				LAP SWIM / DIVE TANK		
4:30 PM - 5:15 PM	LAP SWIM/DIVE TANK						
5:30 PM - 6:15 PM		LAP SWIM ONLY		LAP SWIM ONLY			
7:00 PM - 7:45 PM			LAP SWIM ONLY				

*NOTE: Schedule & facility access availability subject to change without notice.
 Lap Swim/Dive tank offerings are intended for those 16 years of age or older.