

# WHAT HAPPENS ON SPRING BREAK

Doesn't  
Always Stay  
There...



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INFORMATION  
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STUDENT HEALTH CENTRE  
Phone: (506) 453-4837  
[go.unb.ca/studenthealth](http://go.unb.ca/studenthealth)

SOME THINGS YOU PICK UP CAN'T BE LEFT BEHIND. SE...

- Use a condom.
- Know your partner?
- Bring & use your birth control.
- Be sure sex is consensual.
- If getting inked, be sure equipment is sterile.

YOU CAN'T TALK ABOUT WHAT YOU CAN'T REMEMBER SE...

- Have a plan & a buddy.
- Never leave your drink unattended.
- Get help for your friends if they drink too much.
- Know how you're getting home.
- Limit your drinks & know your limits.

DON'T PLAY THE ODDS WITH YOUR SAFETY SE...

- Travel in groups.
- Carry I.D. with you.
- Know where you're going & how to get home safely.
- Keep a little cash on you.
- Know local laws and how to contact authorities.

# WHAT HAPPENED SIR BRIERE

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Miami Beach

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