



Silver Series Second Instructor

The UNB REDS mission is to provide our campus and community with excellence in wellness, sport and recreation. Our vision is to be national leaders in wellness, sport, and recreation excellence. REDS Recreation provides a variety of programming and services including memberships, aquatics, progressive instructional fitness-based classes, drop-in group fitness, personal training, fitness testing, intramurals, open recreation and sport clubs. We are currently hiring for the below positions:

JOB TITLE: Silver Series Second Instructor

PROGRAM: REDS Recreation

SUPERVISOR: Hannah deWinter, Programs Coordinator

JOB DESCRIPTION:

Reds Recreation is seeking a motivated and enthusiastic Second Instructor to support the delivery of the Silver Series program. These programs are specialized exercise classes designed for older adults living with chronic conditions.

This role involves:

- Assist with set-up and tear down of exercise equipment and space
- Greet and engage participants in a friendly and professional manner
- Monitor participant safety and provide appropriate exercise modifications
- Offer form corrections and guidance to ensure safe and effective movement
- Support the lead instructor in delivering high-quality program experience
- Foster a positive, inclusive and supportive environment

QUALIFICATIONS:

- Current CPT (personal trainer) certification or equivalent is considered an asset
- Experience working with older adult population is preferred
- Strong interpersonal and communication skills
- Ability to work independently and as part of a team
- Enhanced Police Information Check (E-PIC)
- Valid CPR and AED Certification
- Minimum 6 months teaching experience is considered an asset.
- Other certifications/trainings are considered assets.



EMPLOYMENT: Part-time term position starting as soon as possible

SALARY: To commensurate with training and experience

AVAILABILITY: Day time and or evenings

Please submit cover letter & resume to Hannah deWinter at Hannah.goodwin@unb.ca.