



## YOGA INSTRUCTOR

The UNB REDS mission is to provide our campus and community with excellence in wellness, sport and recreation. Our vision is to be national leaders in wellness, sport, and recreation excellence. REDS Recreation provides a variety of programming and services including memberships, aquatics, progressive instructional fitness-based classes, drop-in group fitness, personal training, fitness testing, intramurals, open recreation, and sport clubs.

**JOB TITLE:** Yoga Instructor

**PROGRAM:** REDS Recreation/A.R.O.W.

**SUPERVISOR:** Hannah deWinter, Program Coordinator

**JOB DESCRIPTION:** REDS Recreation is searching for a qualified Yoga Instructor to lead classes at varying times of the day.

- Organize and facilitate a well-designed, balanced, and safe class.
- Teach to a variety of ages and fitness levels.
- First responder to any medical emergencies that occur.
- Willingness to substitute for other instructors at varying days and times.
- Participate and attend staff training.

### QUALIFICATIONS:

- Yoga certification (minimum 200 hour)
- CPR and AED Certification
- Enhanced Police Information Check (E-PIC)
- Training and/or Certifications specific to Older Adults
- Minimum 1 year teaching experience
- Experience working in other fitness centers is considered an asset.
- Additional training & certifications are considered assets.

**EMPLOYMENT:** Part time term position

**SALARY:** To commensurate with training and experience

**AVAILABILITY:** Days and/or evenings

*Please submit cover letter and resume to Hannah deWinter (hannah.goodwin@unb.ca)*