



GROUP FITNESS INSTRUCTOR

The UNB REDS mission is to provide our campus and community with excellence in wellness, sport and recreation. Our vision is to be national leaders in wellness, sport, and recreation excellence. REDS Recreation provides a variety of programming and services including memberships, aquatics, progressive instructional fitness-based classes, drop-in group fitness, personal training, fitness testing, intramurals, open recreation and sport clubs. We are currently hiring for the below positions:

JOB TITLE: Group Fitness and Indoor Cycling Instructors

PROGRAM: REDS Recreation

SUPERVISOR: Hannah Goodwin, Program Coordinator

JOB DESCRIPTION: REDS Recreation is searching for qualified Group Fitness and/or Indoor Cycling Instructors to lead dynamic, fun and energizing fitness classes at varying times of the day.

- Organize and facilitate a well-designed, balanced, and safe class.
- Teach to a variety of ages and fitness levels.
- First responder to any medical emergencies that occur.
- Willingness to substitute for other instructors at varying days and times.
- Participate and attend staff training.

QUALIFICATIONS:

- Nationally recognized certification in Group Fitness (Indoor Cycling, Portable Equipment, Step)
- Enhanced Police Information Check (E-PIC)
- Valid CPR and AED Certification
- Minimum 6 months teaching experience is considered an asset.
- Other certifications/trainings are considered assets.

EMPLOYMENT: Part time term position starting as soon as possible

SALARY: To commensurate with training and experience

AVAILABILITY: Day time and/or evenings

Please submit cover letter & resume to Hannah Goodwin at Hannah.goodwin@unb.ca.