



GROUP FITNESS INSTRUCTOR

UNB Recreation Services' (REDS Rec) is dedicated to **DELIVERING** high calibre programs and services rooted in recreation and guided by wellness, **INCREASING THE QUALITY OF LIFE** of all our patrons through engaging recreational opportunities that stimulate the body, mind and spirit, and **ADVOCATING** a healthy and active lifestyle that is accessible and attainable regardless of age or ability.

JOB TITLE: Group Fitness Instructor

PROGRAM: REDS Recreation/Faculty of Kinesiology

SUPERVISOR: Beth O'Donnell, Program Assistant

JOB DESCRIPTION: Recreation Services is searching for a qualified Group Fitness Instructor to lead dynamic, fun and energizing fitness classes at varying times of the day.

- Organize and facilitate a well-designed, balanced and safe class.
- Teach to a variety of ages and fitness levels.
- First responder to any medical emergencies that occur.
- Willingness to substitute for other instructors at varying days and times.
- Participate and attend staff training.

QUALIFICATIONS:

Nationally recognized certification in Group Fitness (Indoor Cycling, Portable Equipment, Step)

Valid CPR and AED Certification

Minimum 6 months teaching experience

Other certifications are considered an asset

EMPLOYMENT: Part time term position

SALARY: To commensurate with training and experience

CONTACT: Beth O'Donnell, beth.odonnell@unb.ca

Please submit cover letter & resume (including two references) in person to the Client Services Office (Information desk) on the ground floor of The Richard J. CURRIE CENTER (attn.: Beth O'Donnell) or as an attachment via email to beth.odonnell@unb.ca. The deadline to apply is Wednesday, December 14th 2022 by 5pm.