

Honours Program in Kinesiology or Recreation

The Honours program provides you with the opportunity to explore initial academic research and gives you the recognition, as one of our top students, you deserve. As an Honours student you have the opportunity to work with one of our faculty in their area of research and conduct a research project of your own. Upon successful completion of the program, "Honours" is printed on your official academic transcript. This "Honours" degree is well respected in any field and is widely recognized for preparing students for further study. If you are considering graduate or post-graduate studies then we strongly recommend the Honours Program.

Criteria:

The student must: 1) have a minimum cumulative grade point average (CGPA) of 3.7; 2) be in one's final year of study; 3) identify a faculty member willing to serve as one's Honours Research Project supervisor.

Application Process:

1. Meet with a Kinesiology Professor in the area of research you are most interested in.
2. Determine what research project you will accept with the professor's approval.
3. Have the Professor send the Assistant Dean of Undergraduate Studies, an e-mail indicating that he/she agrees to supervise your research project.
4. Send an email to the Assistant Dean of Undergraduate Studies stating your request to enter the Honours Program and the Kinesiology Professor who will supervise your research project.
5. You will be contacted by e-mail regarding the status of your application.

Program Structure:

Once the student has been accepted into the Honours Program he/she must:

1. Outline the required deliverables and expectations of the Honours project which will be approved by the Honours supervisor before being submitted to the Assistant Dean, no later than Oct 15th. This outline (one or two pages) briefly describes: i) the nature of the study being conducted, ii) timelines, iii) deliverables and expectations. This outline serves as a course contract between the student and the supervisor.
2. The following experience and deliverables are expected of all Honours programs: A research component to the experience; an Honours thesis/report/case study with the format of this final document to be established by the Honours supervisor; attendance and research presentation at KIN Research Day in April. The presentation will be required.

Program Requirements:

To graduate with a Honours designation, students must meet the following requirements:

1. Maintain a CGPA of 3.5 throughout one's undergraduate degree.
2. Successfully complete KIN 4900/RSS 4900: Honours Research Project
3. Complete the requirements of the degree program.