

## Directed Study Policies and Procedures

**Purpose:** Directed studies are an opportunity for advanced study of theoretical concepts in a focused area of interest guided by a faculty member in Kinesiology.

**First Steps:** Before the start of the term, meet with a faculty member in Kinesiology who has expertise in the area of study in which you are interested and discuss the project you have in mind.

Examples: You are interested in the advanced study of the physiological influences of exercise for those living with diabetes, but there is no specific course on that subject offered in the Faculty. Or, you may be interested in learning more about theories and research that would advance your understanding of LGBTQIAS2+ youths' experiences within recreation and sport contexts. You would arrange to meet with a faculty member with expertise in exercise physiology in the first case and gender, sociology, or youth development in the second case. You would discuss your interest in this subject and begin a conversation about what you hope to learn to determine if a directed study is appropriate. If the faculty member is in agreement, you can follow the steps for Procedure listed below.

### Policy governing Directed Studies:

1. Directed Study courses cannot be used to substitute a required KIN/RSS course unless approved by the Assistant Dean, Undergraduate Programs.
2. Both KIN and RSS Directed Studies courses are restricted to 3rd and 4th year students (57 ch hours completed)
3. A faculty member in the Faculty of Kinesiology must agree (signature required) to supervise the Directed Study project.
4. A Directed Studies Course Form must be submitted to the Assistant Dean, Undergraduate Program, for approval **2 days before the last day to add courses for the term.**

**Procedure:**

1. Students would meet with a faculty member in Kinesiology **before the start of the term** to discuss a directed study topic area.
2. Together, the student and faculty member would determine the theoretical concepts that will be included in the advanced study of the chosen topic and discuss deliverables (e.g., presentation, annotated bibliography of selected readings, reflection, research paper, activities involving the application of concepts in a lab or field setting).
3. The faculty member who will supervise the directed study, working in conjunction with the student, will develop a full course outline of the proposed course. This outline should include: the course description, course learning objectives that include the theoretical concepts to be learned and/or applied, learning activities and deliverables.
4. Print and complete a copy of the Directed Study Application form:  
[http://www.unb.ca/fredericton/registrar/resources/pdf/independent\\_study\\_form.pdf](http://www.unb.ca/fredericton/registrar/resources/pdf/independent_study_form.pdf)
5. Once signed by the faculty member, the student must email the form and course outline to the Assistant Dean (Undergraduate Programs) for approval **2 days before the last day to add courses for the term**.
6. If approved, the Assistant Dean, Undergraduate Programs, will make arrangements with the Registrar's Office to have the student registered in the course AND will provide a copy of the Directed Study form to the student and supervising faculty member.

**Course Numbers** for directed studies the Faculty of Kinesiology:

KIN 4903 - Directed Studies in Kinesiology (3ch) – Fall term

KIN 4904 - Directed Studies in Kinesiology (3ch) – Winter term

KIN 4800 - Directed Studies in Kinesiology (6ch) – Full-year course

RSS 4093 - Directed Studies in Recreation and Sport Studies I (3ch) – Fall term

RSS 4094 - Directed Studies in Recreation and Sport Studies II (3ch) – Winter term

RSS 4800 - Directed Studies in Recreation and Sport Studies (6ch) – Full-year course

**Faculty Expertise/Areas of Interest:**

To learn more about the areas of expertise of faculty members (assistant professors, associate professors, professors, senior instructors, and senior teaching associates) in Kinesiology, visit the link below:

<https://www.unb.ca/fredericton/kinesiology/faculty/index.html>