

BRSS Degree Option Selection Form

First-year students in the BRSS degree program must select the option they wish to pursue. There are four choices.

Please review the choices below and inform Brandi Cameron (brandi.c@unb.ca) or Jaime Campbell (jaime@unb.ca) of your choice by e-mail or in-person before Friday, March 16, 2018. If you are unsure of which program to choose, please see Brandi Cameron or Jaime Campbell for assistance. You will also find the "Student Record Sheet" for each option below. Student Record Sheets (SRS) list all the required courses for each option.

1. Management

General description – This option has a business focus on recreation and sport studies.

Example courses include: Advanced Management, Financial Management, Marketing

Requirements – students complete a MINOR in Business plus a 12ch professional internship.

2. Education Preparation

General description – This option provides a "teachable in Physical Education"

Example courses include: Anatomy, Physiology, Exercise Physiology, and Biomechanics

Requirements – Teachable in physical education including physical activity/movement courses.

3. Wellness

General description – This option focuses on health and wellness.

Example courses include: Nutrition, Health Promotion, and Exercise Physiology

Requirements – students are required to complete a 12ch professional internship.

4. BRSS with Minor

General description – This option provides an opportunity to focus on an area complimentary to recreation and sport studies.

Example courses include: Program planning, Leadership, Assessment and Evaluation.

Requirements – students are required to complete a minor (24ch) in one concentration outside of the Faculty such as: Psychology, Environmental Studies, Fine Arts, Leadership, History...

January 2016

For incoming students Fall, 2017

**BRSS - Management
Student Record Sheet (120 ch)**

Name	Student ID	E-mail	Transfer	Adv. Cred.
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Date of Last Update:

Must achieve grade of "C" in courses that are in Bold/Blue

Year 1 (30ch)				
KIN 1001	3			
1000 level Psyc/Soci/Phil	3			
One of ECON 1013,	3			
1014, 1023 or 1024	3			
ENGL 1144 or 1145	3			
RSS 1042	3			(RSS 2042)
RSS 1061	3			(RSS 2061)
RSS 1213	3			(RSS 2213)
RSS 2081	3			
RSS/KIN or NON-RSS/KIN Electives (6ch)				
	3			

Year 2 (30ch)				
KIN 2032	3			
KIN 3093	3			
RSS 2011*	3			
RSS 2023	3			
STAT 2263	3			
or Equivalent				
ADM 1313*	3			(ADM 2313)
RSS 2032	3			
RSS/KIN or NON-RSS/KIN Electives (9ch)				
	3			
	3			
	3			
2 Day Conference				
		Date		

Year 3 & 4 (60ch)				
RSS 3001	3			
RSS 3100	12			
RSS 4081	3			
RSS 4083	3			
RSS 3051	3			
RSS 4053	3			
RSS 4092	3			
RSS/KIN	3			
3000/4000 Elective				
RSS/KIN or NON-RSS/KIN Elective (9ch)				
	3			
	3			
	3			
BUSINESS MINOR 24ch*				
ADM 1213 (2213)	3			
ADM 2413	3			
ADM 2513	3			
ADM 3123	3			
ADM 3000/4000 elective**	3			
ADM 3000/4000 elective**	3			

Any Additional Courses

	3		
	3		
	3		
	3		
	3		
	3		

* RSS 2011 and ADM 1313 count as part of the Business Minor and are taken in Year 2

**Any 3000/4000 ADM course or RSS 5071, BUT need to satisfy prerequisite(s) if required

All students must complete at least 48 ch of 3000/4000 level courses in order to graduate.

Total ch Remaining

March 2017

For incoming students Fall, 2017

**BRSS - Education Preparation
Student Record Sheet (122 ch)**

Name	Student ID	E-mail	Transfer	Adv. Cred.
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Date of Last Update:

Must achieve grade of "C" in courses that are in Bold/Blue

Year 1 (31ch)

KIN 1001	<u>3</u>			RSS 1042	<u>3</u>			(RSS 2042)
1000 level Psyc/Soci/Phil	<u>3</u>			RSS 1061	<u>3</u>			(RSS 2061)
BIOL 1711	<u>4</u>			RSS 1213	<u>3</u>			(RSS 2213)
ENGL 1144 or 1145	<u>3</u>			RSS 2081	<u>3</u>			
				Math 1503	<u>3</u>			
RSS/KIN or NON-RSS/KIN Elective (3ch)								
	<u>3</u>							

Year 2 (32ch)

KIN 2032	<u>3</u>			BIOL 1782	<u>4</u>		
KIN 3093	<u>3</u>			KIN 2051	<u>4</u>		
RSS 2011	<u>3</u>			KIN 2072	<u>3</u>		
RSS 2023	<u>3</u>			RSS 2032	<u>3</u>		
STAT 2263	<u>3</u>			RSS/KIN or NON-RSS/KIN Electives (3ch)			
or equivalent					<u>3</u>		
2 Day Conference							
			Date				

Year 3 & 4 (59ch)

KIN 2062	<u>3</u>			KIN 2082	<u>3</u>			(KIN 3081)
KIN 3041	<u>3</u>			RSS 4092	<u>3</u>			
RSS 3001	<u>3</u>			RSS/KIN 3000/4000 Electives				
RSS 4083	<u>3</u>				<u>3</u>			
**NON-RSS/KIN Teachable Electives (18ch)								
	<u>3</u>			Physical Literacy/Movement Skills (8ch)**				
	<u>3</u>			RSS 3042	<u>3</u>			
	<u>3</u>			RSS 3043	<u>3</u>			
	<u>3</u>				<u>1</u>			
	<u>3</u>				<u>1</u>			
**RSS-KIN or NON-RSS/KIN Electives (9ch)								
	<u>3</u>							
	<u>3</u>							
	<u>3</u>							

	Total ch Remaining
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** All students must complete at least 42 ch of 3000/4000 level courses in order to graduate.

January 2016

For incoming students Fall, 2017

**BRSS - Wellness
Student Record Sheet (121 ch)**

Name	Student ID	E-mail	Transfer	Adv. Cred.
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Date of Last Update:

Must achieve grade of "C" in courses that are in Bold/Blue

Year 1 (31ch)

KIN 1001	3			RSS 1042	3			
1000 level Psyc/Soci/Phil	3			RSS 1061	3			(RSS 2042)
BIOL 1711	4			RSS 1213	3			(RSS 2061)
ENGL 1144 or 1145	3			RSS 2081	3			(RSS 2213)

RSS/KIN or NON-RSS/KIN Electives (6ch)

	3				3		
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Year 2 (31ch)

KIN 2032	3			BIOL 1782	4			
KIN 3093	3			RSS 2032	3			
RSS 2011	3			ADM 1313	3			(ADM 2313)
RSS 2023	3							
STAT 2263	3							
or Equivalent								

RSS/KIN or NON-RSS/KIN Electives (6ch)

2 Day Conference

	3				3		

Date

Year 3 & 4 (59ch)

KIN 3481	3			KIN 2082	3			
RSS 3001	3			KIN 3282	3			(KIN 3081)
RSS 4081	3			RSS 4063	3			
RSS 4083	3			RSS 4092	3			
RSS 3100	12			RSS/KIN	3			
				3000/4000 Elective				

*RSS/KIN or NON-RSS/KIN Electives (18ch)

	3		
	3		
	3		
	3		
	3		
	3		

RSS 3911 or RSS 3912

	1		
	1		

Any Additional Courses

	3		
	3		
	3		
	3		
	3		

All students must complete at least 48 ch of 3000/4000 level courses in order to graduate.

Total ch Remaining

For incoming students Fall, 2017

Name	Student ID	E-mail	Transfer	Adv. Cred.
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Must achieve grade of "C" in courses that are in Bold/Blue

Year 1 (30ch)								
1000	KIN 1001	<u>3</u>	_____		RSS 1042	<u>3</u>	_____	(RSS 2042)
	level Psyc/Soci/Phil	<u>3</u>	_____		RSS 1061	<u>3</u>	_____	(RSS 2061)
	One of BIOL, CS, ECON or				RSS 1213	<u>3</u>	_____	(RSS 2213)
	POLS	<u>3</u>	_____		RSS 2081	<u>3</u>	_____	
	ENGL 1144 or 1145	<u>3</u>	_____					
RSS/KIN or NON-RSS/KIN Electives (6ch)								
		<u>3</u>				<u>3</u>		

***All students are advised to take electives towards their Approved Minor* in 1st and 2nd year.

Year 2 (30ch)				RSS 2032			
KIN 2032	<u>3</u>	_____	_____		<u>3</u>	_____	_____
KIN 3093	<u>3</u>	_____	_____				
RSS 2011	<u>3</u>	_____	_____	RSS/KIN Electives (6ch)			
RSS 2023	<u>3</u>	_____	_____		<u>3</u>	_____	_____
STAT 2263	<u>3</u>	_____	_____		<u>3</u>	_____	_____
or Equivalent		_____	_____				
2 Day Conference				RSS/KIN or NON-RSS/KIN Elective (6ch)			
		_____	_____		<u>3</u>	_____	_____
			Date		<u>3</u>	_____	_____

Years 3&4(60 ch)				**RSS/KIN Electives (27ch)			
RSS 3001	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
RSS 4083	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
RSS 4092	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
**NON RSS/KIN (24ch) Approved Minor*				**NON RSS/KIN Electives (27ch)			
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
Any Additional Courses				Any Additional Courses			
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____
_____	<u>3</u>	_____	_____	_____	<u>3</u>	_____	_____

Total ch Remaining

** All students must complete at least 48 ch of 3000/4000 level courses in order to graduate.