

# Better Understanding Care Transitions of Adults with Complex Health and Social Care Needs: An Essential Step Towards Integrated Care

## Why is this project important?

- Individuals with chronic conditions and complex care needs often require services from providers across different sectors, including health and social care settings.
- This can lead to various points of transition in care, which can be challenging for patients to navigate.
- The main goals of this study are to understand transitions for adults with complex health and social care needs, and to understand what factors contribute to good and bad transition experiences.



## What are we doing?

- This project is funded by the Canadian Institutes of Health Research and is led out of the University of Sherbrooke.
- There are two participating provinces: Quebec and New Brunswick.
- This study is taking place in four emergency departments (ED), with two in each province.
- The main focus will be on the transition experiences of patients with complex care needs.
- We will also look at the experiences of providers, health professionals, community partners, health managers, and family care partners.

## How will this help?

- There is a knowledge gap around patient experiences throughout the transition journey.
- This study will help fill this gap, by providing information on patient experiences, as well as the perspectives of health professionals, community partners, health managers, and family care partners.
- It also seeks to identify the factors which contribute to good and bad transition experiences.

## Who can I contact?

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Funded by: