

An Evaluation of Nurse Practitioner Clinics in New Brunswick

Why is this project important?

- Access to primary care providers is a challenge in New Brunswick (NB).
- The government of NB recently implemented nurse practitioner (NP) clinics across the province.
- These clinics serve people who do not have a family doctor by order of registration on the Patient Connect NB registry.

What did we do?

- This study identified facilitators and barriers to clinic implementation, as perceived by staff at two NP clinics.
- This mixed-method study was done by reviewing governance structure documents and conducting interviews with former and current clinic staff.
- Facilitators included having experienced mentors, a collaborative practice, and well-equipped clinics.
- Barriers included rushed timelines, complex decision-making processes, challenging caseloads, inadequate clinic space, and difficulty in staff recruitment and retention.
- Participants discussed the positive impact of NP clinics through improved access to primary care.
- Participants recommend adding additional NP clinics and integrating multidisciplinary allied health professional teams to enhance care coordination and comprehensiveness.

How will this help?

- NP clinics are increasingly being implemented across Canada to improve primary care access.
- This study will help inform the development and implementation of other NP clinics across the province and beyond.



Who can I contact?

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