

# A Needs Assessment of Patient Navigation for People with Dementia, their Caregivers, and the Care Team in New Brunswick

## Why is this project important?

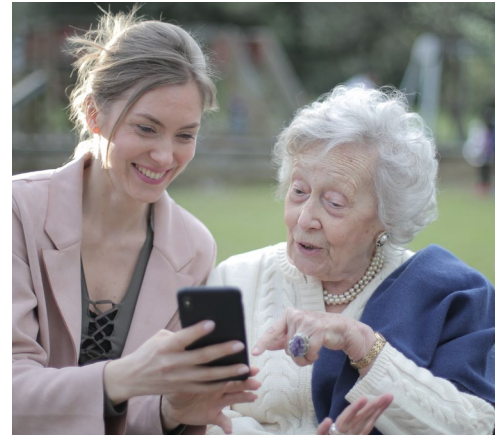
- Dementia care is complex and difficult to navigate.
- Patient navigation (PN) is a care model that can guide and assist people with dementia and their caregivers as they navigate health and social services, matching their unmet needs to appropriate resources across settings and sectors.

## What are we doing?

- Participants were asked to either participate in a short interview or complete an online survey about their needs and experiences related to navigating health and social care services in New Brunswick.
- We learned about people with dementia, their caregivers, and the care teams' experiences of navigating health and social care resources, services, and programs.
- This included any challenges they may have faced, as well as any potential solutions they might have to address these challenges.

## How will this help?

- The goal of this project was to find out how best to provide PN for people with dementia, their caregivers, and members of the care team in New Brunswick.
- PN programs can increase the knowledge of health and social services and resources related to dementia care and improve access to health and social services and resources by providing in-person and online navigation services.
- We have presented this research and are currently finalizing a publication to share the findings in an academic journal.



## Who can I contact?

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