

9 Better Understanding Care Transitions of Adults with Complex Health and Social Care Needs: An Essential Step Towards Integrated Care

Why is this project important?

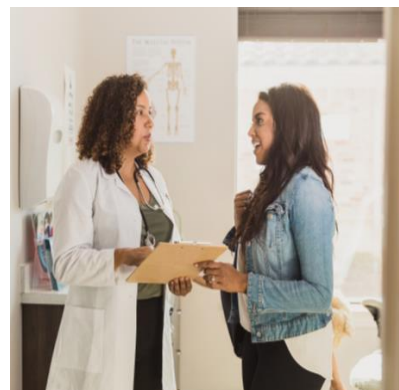
- Individuals with complex care needs often require services from providers across different sectors, including health and social care settings.
- This can lead to various points of transition in care, which can be challenging to navigate.
- The main goals of this study are to understand transitions for adults with complex health and social care needs, and to understand what factors contribute to both positive and negative transition experiences.

What are we doing?

- This project is funded by the Canadian Institutes of Health Research (CIHR).
- There are two participating provinces: Quebec and New Brunswick.
- Patient recruitment for this study is complete and took place in four emergency departments (ED), with two in each province.
- We completed questionnaires with patients at baseline and after six months to learn about their transitions in care experiences.
- Participants with the highest and lowest transition scores were invited to take part in an interview.
- Interviews have been conducted with healthcare professionals, community partners, and health system managers to learn more about the barriers and facilitators to care transitions.
- Analysis of interview data is now complete and papers are in progress.

How will this help?

- There is a knowledge gap around patient experiences throughout their transition journey.
- This study will help fill this gap, by providing information on patient experiences, as well as the perspectives of health professionals, community partners, and health system managers.
- It also seeks to identify the factors which contribute to positive and negative transition experiences.



Who can I contact?

Project Leads:

Dr. Shelley Doucet
UNB Saint John
sdoucet@unb.ca

Dr. Alison Luke
UNB Saint John
aluke1@unb.ca

Project Manager:

Charlotte Schwarz
UNB Saint John
cschwarz@unb.ca

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