

# Determining Research Priorities for Individuals with Complex Care Needs and their Caregivers

## Why is this project important?

- One important aspect of patient-oriented research (POR) focuses on identifying patient priorities for health research.
- Relative to their population size, patients with complex care needs (CCN) account for disproportionately high health services usage. Therefore, these patients and their caregivers are well-positioned to offer informed perspectives on health service gaps.



## What did we do?

- This project explored the health service delivery priorities of two populations in New Brunswick (NB): children/youth with complex care needs and older adults with complex care needs.
- We interviewed caregivers of individuals with complex care needs across NB.
- The top five priority areas for improving health service delivery for children/youth with CCN were: (1) access to appropriate healthcare supports and services; (2) care continuity and coordination; (3) transitions to adulthood; (4) school and daycare system barriers; and (5) caregiver support.
- The top five priorities for improving health service delivery for older adults with CCN were: (1) access to appropriate healthcare supports and services; (2) home care issues and barriers; (3) care navigation and coordination; (4) impact of COVID-19 on care; and (5) caregiver support.

## How will this help?

- Our findings provide direction for future health research projects and offer practical guidance for health system decision-makers in the effort to improve health service delivery in New Brunswick, particularly for its most vulnerable populations.

## Who can I contact?

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