

Events Hosted by CRIC

QUEST-SJ

Monthly (virtual)

QUEST-SJ meets monthly (except July and August) via Zoom to discuss topics in qualitative health research (e.g., different qualitative approaches to research, obtaining ethics approval for qualitative studies). More information on our next session is listed below. Recordings of past sessions can be found on our website.

April 20: Dr. Bryn Robinson (Research engagement manager, Horizon Health Network) will present *An Introduction to Asynchronous Online Focus Groups for Qualitative Data Collection*.

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Forward with Dementia

The Forward with Dementia project team, in partnership with the Alzheimer Society of NB, are hosting two 45-minute webinars on "Strategies for Communicating with Persons Living with Dementia". The webinars will also share how you can get involved with the Forward with Dementia project.

The webinars will be held on April 26th at 1:00pm EDT in English and April 27th at 11:00am EDT in French. [Click here](#) to register in English, and [click here](#) to register for the French webinar.

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The Canadian Healthcare Navigation Conference

April 21-22, 2022 (virtual)

The Canadian Healthcare Navigation Conference (CHNC) will bring together researchers, decision-makers, administrators, clinicians, trainees, and individuals with lived experience who are involved with navigation services. Attendees will learn about existing models of navigation across Canada; best practices in implementation and evaluation; and ongoing research in the field of navigation. This virtual online conference will be hosted in partnership between the Centre for Research in Integrated Care (CRIC) at the University of New Brunswick in Saint John and the Family Navigation Project at Sunnybrook Health Sciences Centre in Toronto. For more information on the second annual Canadian Healthcare Navigation Conference click here..

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Trainee Spotlight

Postdoctoral Fellow, Dr. Kathryn Asher

Dr. Kathryn Asher has been a postdoctoral fellow with CRIC since the Fall of 2019. Her primary field of specialization is health service delivery around nutrition care.

Dr. Asher is currently engaged in a Joanna Briggs Institute (JBI) systematic review of randomized controlled trials examining the effectiveness of GP-delivered nutrition care practices on dietary and health outcomes in adults with diet-related chronic conditions or risk states. This review brings together collaborators from across UNB's campuses as well as those from IWK Health/Dalhousie University (Nova Scotia), the University of Plymouth (UK), and Griffith University (Australia).

Along with Drs. Shelley Doucet and Alison Luke, Dr. Asher previously led a pan-Canadian cross-sectional survey of registered dietitians. This project explored dietitians' perceptions and experiences of interprofessional collaboration, as well as their use of the plant-based recommendations in the new Canada's Food Guide.

In her work with the lab, Dr. Asher is also currently involved in a scoping review exploring the barriers and facilitators to interprofessional collaborative practice when health workers provide client care across settings. She also previously served as a collaborator on a scoping review on pediatric to adult healthcare transitions for youth with complex care needs.

Looking ahead, Dr. Asher is designing a patient-oriented qualitative descriptive study examining the compensation-related barriers and facilitators to equity, diversity, and inclusion in patient partner engagement in academic health research in Canada.

Dr. Asher earned her PhD in Sociology as a Joseph-Armand Bombardier CGS Doctoral Scholar at UNB, where her research was positioned at the intersection of dietary behavior change, the sociology of food, effective altruism, and social movement outcomes. During her doctoral studies, she was a Visiting Scholar in the Department of Nutrition and Food Studies and the College of Global Public Health at New York University. She also holds a Master in Environmental Studies from York University as well as a Bachelor of Arts in Human Rights and Political Science from St. Thomas University. Dr. Asher previously conducted research for various charitable NGOs where her work received national and international media attention.



Dr. Kathryn Asher, postdoctoral fellow

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Where Are They Now?

Postdoctoral Fellow, Dr. Katherine Kelly



Dr. Katherine Kelly, former trainee

Dr. Katherine Kelly is a recent graduate from the PhD in Interdisciplinary Studies program at the University of New Brunswick Saint John. Supervised by Drs. Shelley Doucet and Alison Luke, Dr. Kelly began her PhD in 2017 and successfully defended her dissertation in June 2021. Funded by a Doctoral Studentship Award from the New Brunswick Health Research Foundation (NBHRF), her research focused on the use of social media to support navigation between health and social care systems. Her doctoral research investigated the impact of participation in a Facebook-based support group for caregivers of children and youth with complex care needs in New Brunswick.

Dr. Kelly now works as a postdoctoral fellow in the Health Centred Research Clinic at the University of Prince Edward Island. Dr. Kelly is providing research support in the development of a province-wide immunization support program, funded by the Public Health Agency of Canada through the Immunization Partnership Fund. Dr. Kelly will also continue to lend her expertise to CRIC by moderating and evaluating three virtual peer-to-peer navigational support groups for people with early onset dementia, people with later onset dementia, and informal caregivers of people with dementia.

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What's New?

Healthy Senior Pilot Project Recipient

The Centre for Research in Integrated Care was awarded \$1.6 million from the Government of New Brunswick and the Public Health Authority of Canada to pilot patient navigation for people with dementia, their caregivers, and members of the care team.

The main goals of this project are to 1) increase knowledge of services and programs for people with dementia and their caregivers; 2) improve experiences with health and social care systems for people with dementia, their caregivers, and their team through improving the integration and coordination of care; 3) increase access to resources and support; and 4) generally improve health outcomes for people with dementia and their caregivers. These goals will be achieved through 1) piloting a patient navigation program in NB for people with dementia, their caregivers, and the care team; and 2) evaluating this initiative. The patient navigation program will include two components: 1) eight patient navigators embedded in clinical practice sites across NB; and 2) three virtual navigation support groups.

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NBHRF Studentship Awards

Three students (Nola Lawal, Mary Yi, Hannah Trites), will be working with CRIC this summer after receiving Summer Studentship awards from the [New Brunswick Health Research Foundation](#). The students will have an opportunity to expand their research experience by working closely with CRIC's researchers on their projects:

Nola Lawal will work closely with her mentor Dr. Kathryn Asher on their project *Nutrition care in primary care in Canada and beyond*.

Hannah Trites will work closely with her mentor Dr. Luke MacNeill on their project *Co-designing dementia care in New Brunswick: Building the future together*.

Mary Yi will work closely with her mentors Drs. Shelley Doucet and Alison Luke on their project *The impact of patient navigation programs for people with dementia, their caregivers, and members of the care team: A scoping review*.

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Our Main Funders:

Project Recruitment

Health Research Priorities for Older Adults with Complex Needs

We are seeking to recruit participants for a study exploring patient and caregiver health research priorities to improve the care for older adults with complex care needs and their caregivers in New Brunswick. We are recruiting older adults with complex care needs and their caregivers in New Brunswick.

Participants will be asked to complete a short online survey about their health research priorities (in English or French). Participants will receive a gift card for their time.

Follow the link below:

https://unbcric.ca1.qualtrics.com/jfe/form/SV_5oTBu1104HM26qy

We would be grateful if you could forward the survey link to potential participants and your network! We thank you in advance for taking the time to assist us with this initiative.

If you have any questions, please contact grailing.anthonisen@unb.ca

Experiences Accessing Cancer Supports in New Brunswick

Have you received a cancer diagnosis or been treated for cancer in the past five years? OR Do you have experience providing care for a person who has received treatment for cancer in the past five years as a caregiver or care provider? If you have answered yes to either of the abovementioned questions and are 19 years of age or older, we are interested in hearing about your experiences accessing cancer supports and resources in New Brunswick.

To participate in this study, you would take part in a 30-60 minute electronic, virtual, or paper survey on your experiences with accessing and receiving health and supportive care services and resources in New Brunswick, and any perceived gaps and barriers encountered. You will receive a gift card for participating.

For more information, please contact us by email at cschwarz@unb.ca or by phone at 506-653-2863

Chronic Health Conditions and Mental Health

Do you have arthritis or diabetes? If so, we invite you to participate in a study on chronic health conditions and mental health. This study takes place over four weeks and will require up to 60 minutes of your time (in total). You will receive a gift card for participating.

Note: Participants must be residents of Canada, between the ages of 19-65, and have a smartphone that can download apps from the Google Play or Apple App Store.

Email Luke.macneill@unb.ca for more details.

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