

Events Hosted by CRIC

QUEST-SJ

Monthly (virtual)

QUEST-SJ meets monthly (except July and August) via Zoom to discuss topics in qualitative health research (e.g., different qualitative approaches to research, obtaining ethics approval for qualitative studies). More information on upcoming sessions is listed below, along with recordings of past sessions can be found on our website.

April 13 | 3-4 p.m. AST: Best practice tools for interviewing children and young people. Monique Cassidy, MEd, PhD Student, UNB

[More](#)

The Canadian Healthcare Navigation Conference

April 15-16, 2021 (virtual)

The Canadian Healthcare Navigation Conference (CHNC) will bring together researchers, decision-makers, administrators, clinicians, trainees, and individuals with lived experience who are involved with navigation services. Attendees will learn about existing models of navigation across Canada; best practices in implementation and evaluation; and ongoing research in the field of navigation. This virtual online conference will be hosted in partnership between NaviCare/SoinsNavi at the University of New Brunswick in Saint John and the Family Navigation Project at Sunnybrook Health Sciences Centre in Toronto. For more information on the first-ever Canadian Healthcare Navigation Conference click the button below.

[More](#)

NaviCare/SoinsNavi Monthly Webinars

NaviCare/SoinsNavi is hosting FREE online monthly webinars to inform families and Care Providers of the various resources that are available for children with health care needs in New Brunswick. We will be hosting guest speakers from a variety of organizations across the province, where they will have the opportunity to explain their services and answer any questions from the public. Our nurse patient navigator facilitates the webinars and members of NaviCare's Patient and Family Advisory Council will also be present for any support needed. To register for upcoming sessions, please email cric@unb.ca or click more for further information and to watch past sessions.

[More](#)

Employee Spotlight

Amy Reid, Project Coordinator (COGNISANCE)

After completing her Master's of Applied Health Services Research (MAHSR) at UNB, Amy joined the Centre for Research in Integrated Care (CRIC) full-time in May 2019 as a Research Assistant. She provided various levels of project support for multiple research projects at CRIC. One of the main projects that she spent time on was the evaluation of NaviCare/SoinsNavi, a patient navigation centre for children and youth with health care needs. She supported the evaluation by conducting interviews and surveys with parents of children/youth with health care needs who interacted with NaviCare/SoinsNavi's Patient Navigator. In her role as a Research Assistant, she was also responsible for supporting other students and project partners to complete both grant and ethics applications.



Amy Reid, Project Coordinator (COGNISANCE)

In June 2020, Amy shifted gears and moved into the role of Project Coordinator for COGNISANCE, a multi-year, international project that is looking at improving the dementia diagnosis experience and access to post-diagnostic supports.

"I enjoy working with the tight knit group at CRIC where I have learned from colleagues with diverse backgrounds. After working with children and youth for several years prior to being part of the team here, I was thrilled to support the evaluation of NaviCare/SoinsNavi. I recently moved into my new role as Project Coordinator, and I am excited to support this large international project on a topic that I am equally passionate about."

Project Spotlight

Research Project: COGNISANCE (Co-designing dementia diagnosis and post-diagnostic care)

In January 2020, co-principal investigators Dr. Shelley Doucet, Dr. Alison Luke and Dr. Pamela Jarrett were awarded funding from the Government of New Brunswick's Healthy Seniors Pilot Project (HSPP) for a project called COGNISANCE (Co-designing dementia diagnosis and post-diagnostic care). The goal of this project is to design, deliver, and evaluate toolkits and behaviour change campaigns aimed at improving the dementia diagnosis experience and access to post-diagnostic supports in Canada (New Brunswick, Ontario, Quebec), Australia, the United Kingdom, the Netherlands, and Poland.

Phase 1 of the project is a needs assessment including surveys and focus groups to explore current experiences of the diagnostic process and post-diagnostic supports. Lessons learned from this phase carry over to Phase 2, which includes co-creating dementia care toolkits (together with persons with dementia, care partners, and health and social care providers) to enhance knowledge of diagnostic and post-diagnostic supports, and promote help-seeking behaviors in those at-risk or living with dementia. Phase 3 involves the implementation of these toolkits across participating countries through behaviour change campaigns. Phase 4 will evaluate the campaigns, and will be guided by the Reach Effectiveness Adoption Implementation Maintenance (RE-AIM) framework. Phase 5 will focus on sustaining and scaling the project, including helping locations beyond those involved in this project.

The COVID-19 outbreak has created considerable challenges for the COGNISANCE project. Participating countries have had to manage according to guidelines from their respective institutions. Despite the challenges, the project team has adjusted to using virtual methods of data collection and collaboration for all phases. For example, Phase 1 focus groups were completed virtually using Zoom video-conference and surveys were completed online. In addition, delays in progress due to COVID-19 have led to conducting phases of the project concurrently, rather than sequentially.

For questions about the COGNISANCE project, please e-mail cognisance@unb.ca or click more below.

[More](#)

Successful 2020-21 NBHRF Summer Studentships!

Name: **Eve Justason**

Project: *Evaluating the Process of a Nurse Practitioner Led Clinic in New Brunswick*

Supervisor: Dr. Alison Luke & Dr. Shelley Doucet

Name: **Fareeha Quayyum**

Project: *Organization for Economic Co-operation and Development (OECD) Patient Reported Indicator Survey (PaRIS)*

Supervisor: Dr. Shelley Doucet & Dr. Alison Luke

Follow us on Social Media!



Recent Publications

Luck, K., Doucet, S., & Luke, A. (2021). Occupational disruption during a pandemic: Exploring the experiences of individuals living with chronic disease. *Journal of Occupational Science*.

[More](#)

Asher, K. E., Doucet, S., & Luke, A. (2021). Registered dietitians' perceptions and use of the plant-based recommendations in the 2019 Canada's Food Guide. *Journal of Human Nutrition and Dietetics*.

[More](#)



Our funders:



Project Recruitment

COGNISANCE: Co-designing Dementia Care in New Brunswick: Building the Future Together

If you have received a dementia diagnosis within the last 2 years; are a care partner of an individual who (within the last 2 years) received a dementia diagnosis; or are a health or social care provider (e.g., family doctor, nurse practitioner, specialist, nurse, social worker, Alzheimer's society staff) who provides care or support for persons with dementia and/or their care partners, we would encourage you to reach out. We are interested in learning about your experiences with the diagnostic process and the supports provided after a diagnosis of dementia. You can participate in a survey and/or a focus group.

Please contact us by phone [506-653-2863] or by email [cognisance@unb.ca] to learn more about how to participate in this project. Your participation in this study is voluntary.

Health Research Priorities for Children and Youth with Complex Care Needs

Are you a child or youth with complex care needs? Are you a caregiver of a child or youth with complex care needs? Children/youth with complex care needs require significant additional health, social, and/or educational support beyond what is required by children/youth in general. If you answered yes to any of these questions, we want to hear from you! We are organizing focus groups to learn about your health research priorities to improve the care for children and youth with complex care needs and their caregivers in New Brunswick. If you are interested in taking part in a focus group contact us by email [lillian.macneill@unb.ca].

Health Research Priorities for Older Adults with Complex Care Needs

Are you an older adult (65 years or older) with complex care needs? Are you a caregiver of an older adult with complex care needs? Older adults with complex care needs require significant additional health and/or social support beyond what is required by older adults in general. If you answered yes to any of these questions, we want to hear from you! We are organizing focus groups to learn about your health research priorities to improve the care for older adults with complex care needs and their caregivers in New Brunswick. If you are interested in taking part in a focus group contact us by email [grailing.anthonisen@unb.ca].

NaviCare/SoinsNavi Patient and Family Advisory Committee

NaviCare/SoinsNavi is a research-based navigation centre for children/youth aged 25 years or younger with health care needs and their families in New Brunswick. The Navicare/SoinsNavi centre has a patient and family advisory council (PFAC) consisting of 7 members, including six parents and a young adult who grew up with healthcare needs. This committee advises the patient navigator and research team and collaborates on special projects that arise from discussions with key stakeholders.

The PFAC are presently looking for two (2) new members for a one (1) year renewable term starting as soon as possible. If you are interested in discussing this opportunity further or know someone who would be a good fit, please reach out to cric@unb.ca. Also note that there is a yearly honorarium for participating on the committee.