



STRENGTH CENTRE STAFF

The UNB REDS mission is to provide our campus and community with excellence in wellness, sport and recreation. Our vision is to be national leaders in wellness, sport, and recreation excellence. REDS Recreation provides a variety of programming and services including memberships, aquatics, progressive instructional fitness-based classes, drop-in group fitness, personal training, fitness testing, intramurals, open recreation, and sport clubs.

JOB TITLE: Strength Centre Staff

PROGRAM: REDS Recreation / Faculty of Kinesiology

SUPERVISOR: Walker Blizzard, Strength Centre and Training Coordinator

JOB DESCRIPTION: UNB REDS Recreation is searching for individuals to monitor the 1st and 3rd Floor Strength Centre areas of The Richard J. CURRIE CENTER.

- Greet, enforce, and educate members and guests on policies and procedures of the Strength Centre areas: ensure that there is no misuse or abuse of exercise equipment; ensure the safety of members while exercising and help where needed, monitor the members/guest of any potential medical emergencies; clean, troubleshoot, and dust machines.
- Provide orientations of the cardio and strength training equipment to members.
- Take a lead role in the promotion of personal training and other REDS Recreation services.
- First responder to any medical emergencies that occur.
- Flexible schedule as evening and weekend work will be required.
- Other duties as assigned.

QUALIFICATIONS:

- Standard First Aid CPR-C & AED
- Enhanced Police Information Check (E-PIC)
- Interest in health and fitness and pursuing a degree in a related field is an asset.
- Completed or completing a degree in Kinesiology or another health-related field is an asset.
- Current Certified Personal Trainer certification through the Canadian Society for Exercise Physiology (CSEP-CPT) or equivalent is an asset.
- Additional workshops and certifications are considered assets.

EMPLOYMENT: Part-Time term position starting as soon as possible

SALARY: \$15.25/hr - \$17/hr

AVAILABILITY: Days, Evenings, and Weekends

Please submit cover letter & resume to Walker Blizzard walker.blizzard@unb.ca