



## GROUP FITNESS INSTRUCTOR

The UNB REDS mission is to provide our campus and community with excellence in wellness, sport and recreation. Our vision is to be national leaders in wellness, sport, and recreation excellence. REDS Recreation provides a variety of programming and services including memberships, aquatics, progressive instructional fitness-based classes, drop-in group fitness, personal training, fitness testing, intramurals, open recreation, and sport clubs.

**JOB TITLE:** Group Fitness and Indoor Cycling Instructors

**PROGRAM:** REDS Recreation/Faculty of Kinesiology

**SUPERVISOR:** Beth O'Donnell, Program Assistant

**JOB DESCRIPTION:** REDS Recreation is searching for qualified Group Fitness and/or Indoor Cycling Instructors to lead dynamic, fun and energizing fitness classes at varying times of the day.

- Organize and facilitate a well-designed, balanced, and safe class.
- Teach to a variety of ages and fitness levels.
- First responder to any medical emergencies that occur.
- Willingness to substitute for other instructors at varying days and times.
- Participate and attend staff training.

### QUALIFICATIONS:

- Nationally recognized certification in Group Fitness (Indoor Cycling, Portable Equipment, Step)
- Enhanced Police Information Check (E-PIC)
- Valid CPR and AED Certification
- Minimum 6 months teaching experience is considered an asset.
- Other certifications/trainings are considered assets.

**EMPLOYMENT:** Part time term position starting as soon as possible

**SALARY:** To commensurate with training and experience

**AVAILABILITY:** Day time and/or evenings

*Please submit cover letter & resume to Beth O'Donnell [beth.odonnell@unb.ca](mailto:beth.odonnell@unb.ca). The deadline to apply is Wednesday, April 15th by 5pm.*