

# REDS RECREATION SWIM SCHEDULE

## SPRING 2024

APRIL 29<sup>TH</sup> – JUNE 23<sup>RD</sup>  
AT THE LADY BEAVERBROOK GYMNASIUM

SUN	MON	TUE	WED	THU	FRI	SAT
	8:00am - 9:30am LAP SWIM/ DIVE TANK		8:00am - 9:30am LAP SWIM/ DIVE TANK		8:00am - 9:30am LAP SWIM/ DIVE TANK	9:30am - 1:00pm LAP SWIM (LANES 3 & 4)
	11:30am - 1:30pm LAP SWIM/ DIVE TANK	11:30am - 1:30pm LAP SWIM/ DIVE TANK*	11:30am - 1:30pm LAP SWIM/ DIVE TANK	11:30am - 1:30pm LAP SWIM/ DIVE TANK*	11:30am - 1:30pm LAP SWIM/ DIVE TANK	
1:00pm - 2:00pm FAMILY SWIM		12:10pm - 12:50pm DEEP WATER AQUAFIT EXPRESS (DIVE TANK)	1:30pm - 2:30pm OPEN RECREATION	12:10pm - 12:50pm DEEP WATER AQUAFIT EXPRESS (DIVE TANK)		
2:00pm - 3:00pm LAP SWIM/ DIVE TANK	3:30pm - 5:30pm LAP SWIM/ DIVE TANK				3:30pm - 4:30pm LAP SWIM/ DIVE TANK	2:00pm - 3:00pm OPEN RECREATION
		5:30pm - 6:30pm LAP SWIM (LANES ONLY)	7:00pm - 8:00pm LAP SWIM (LANES ONLY)	5:30pm - 6:30pm LAP SWIM (LANES ONLY)	7:00pm - 8:00pm OPEN RECREATION	
	8:30pm - 9:30pm OPEN RECREATION					

### OPEN RECREATION (ALL AGES)

Anyone 7 or under needs to be accompanied in the water by an adult and within arm's reach. | One adult per two non-swimmer children ratio.  
Strong swimmers under 7 must complete a Swim Test successfully if they wish to be unaccompanied directly in the pool. Parents still need to be at the pool deck.

TO VIEW THE CURRENT  
SCHEDULE ONLINE, SCAN:



**REDS**  
RECREATION

\*NOTE: Schedule & facility access availability subject to change without notice. Lap Swim/Dive Tank offerings are intended for those 16 years of age or older. Those aged 13-15 may swim laps while accompanied by an adult. Hours of operation on holidays may affect the schedule.

Please note: The SMA Pool serves both campus and community groups. The above times have been designated for REDS Rec Members/UNB Students.

The Dive Tank is closed during Deep Water Aquafit Express class.

[unb.ca/redsrec](http://unb.ca/redsrec)

(506) 453-4579

